

Your local journal
with news, past and
future events and
interesting articles

WOBUL

Worham & Burgate Letter

MARCH 2019

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NORTH HARTISMERE BENEFICE

Worham and Burgate Sunday Club

Meet at Worham Village Hall from 10.00am to 10.45am
on the 1st Sunday of each month during term time.
(followed by coffee and cookies, for parents/carers too!)

3rd March



Stories



Games

Crafts



and lots of fun!



All children welcome, and parents/carers can stay
if they wish.

Just turn up or ring Lyn
on [788479](tel:788479) for more details

WORTHAM WALKERS

Mike and Joy Cornish are organising a three mile walk around Walsham-le-Willows on Tuesday 5 March, starting from the village hall car park at 10:30.

For anyone who fancies refreshments or lunch afterwards there is the choice of Moriarty's Cafe or the Blue Boar. With this incredible weather, who knows what we shall see, but I saw a weasel this morning just before Roydon Fen.



Best regards

John Scott

Wortham Bowls Club

The club pre-season Presentation Dinner will be held at Diss Golf Club on 22nd March 2019 and will be well attended by club members and partners. Trophies from our 2018 Club Competitions will be awarded by Competition Secretary, Richard Pursehouse and Chairman, Bernie Trigg.

In addition to his usual club duties as Chairman, Bernie has accepted the post of President of the Upper Waveney League for 2019 and will be busy visiting all the clubs in the area and organising a Presidents Day event in August (more news to follow).

We will be back from the winter break soon with the official season opening event to be held on Easter Saturday (20th April). Existing members, new members and anyone wishing to try bowls are welcome to join an informal 'roll-up' from 2pm onwards.

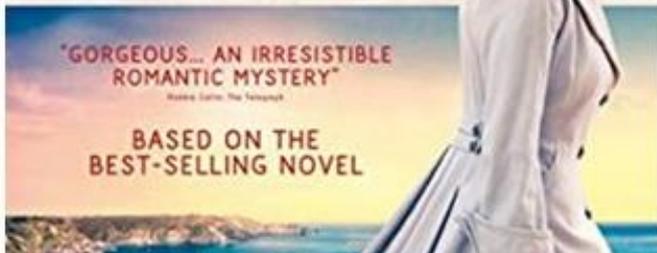
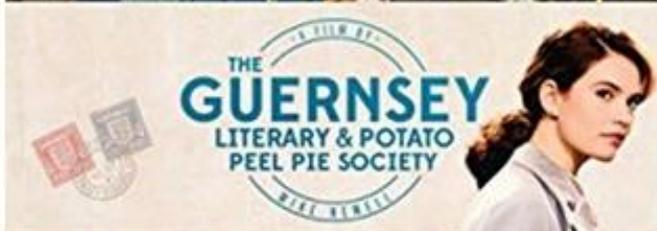
The club has increased the number of fixtures to be played this summer by joining the Bury & District League. So in addition to the regular evening matches we will also play Monday afternoon fixtures.

Let's hope the weather stays fair as we look forward to another season.

To reserve tickets
by CALL, TEXT or
EMAIL see below

PALGRAVE COMMUNITY CINEMA

PALGRAVE COMMUNITY CINEMA
7:30pm Saturday 9 March



Tickets £5, £4.50 PDCC.

Text or call 0783 671 3411 or email
palgrave.cinema@mcb-biz.net
to reserve your seats

PALGRAVE COMMUNITY CINEMA
7:30pm Saturday 13 April



Tickets
£5,
£4.50
PDCC

To
reserve
your
seats

Text or call **0783 671 3411** or email
palgrave.cinema@mcb-biz.net

PALGRAVE COMMUNITY CINEMA
3:30pm Thursday 17 April



BORN TO BE WILD
PETER RABBIT
Tickets
£5,
£4.50
PDCC.

To reserve your seats
Text or call 0783 671 3411 or email
palgrave.cinema@mcb-biz.net

17 April

**Peter
Rabbit
Easter
Holiday
afternoon
special**

11 May

**Bohemian
Rhapsody -
Freddie's
story plus
Queen's full
Live Aid gig**

PALGRAVE COMMUNITY CINEMA
7:30pm Saturday 11 May

BOHEMIAN RHAPSODY

Tickets £5, £4.50 PDCC
To reserve your seats

Text or call 0783 671 3411 or email
palgrave.cinema@mcb-biz.net



Reserve tix 0783 671 3411 or palgrave.cinema@mcb-biz.net

(THREES) BILLBOARDS IN EBBING & IDENTICAL STRANGERS

**Caroline Holmes - Garden Historian ...
... and lecturer, broadcaster, author and consultant designer.**

Caroline Holmes is a garden historian of ancient, modern and contemporary places, people and plants who sifts humour from humus worldwide ...

... and international lecturer in the warmth and comfort of halls and houses as well as leading groups through inspiring sites and gardens. ... not forgetting author, broadcaster and consultant designer ...

in all I delve into the myriad ways people and plants have historically shaped landscapes and what we can learn from them.



Title of talk on 23rd March 2019 at the Blackbourne Centre, Elmswell at 10.30 am

Design and diversity - the Cambridge University Botanic Garden

Summary: For over 160 years scientists and gardeners alike have been able to imbibe diversity in design and natural history. Native or exotic, one of Professor Henslow's founding principles was to study plants in their own right, starting with trees. History is pressed and dried in the 1,000,000+ herbarium collection and is being made by the Gatsby Plant Science programme.



Illustration 1: Fountain Cambridge Botanical Gardens, Caroline Holmes

Blackbourne Centre, Blackbourne Road, Elmswell, IP30 9UH

From junction A47 on A14 take the A1088 by-road, signposted Elmswell, up the hill, past the church, fork left (signposted Blackbourne Centre) and follow the signs, over the railway crossing, shortly turn right (signposted Blackbourne Centre) and carry on through the housing estate to the end. Plenty of parking.

Bill's Birds for March

Before the cold weather arrived again, I had some hope that Spring might have come early. On 17th January I saw, once again, a Goldfinch in the garden and in the distance, heard the sound of the Song Thrush, which was amazing since I have not even seen one for many months. However, the cold weather returned later with a frost of -7°C .

On 27th January we had the RSPB's Garden One Hour Bird Watch. I hope many of you participated. I sat at the window watching for the one hour. A grey sky, no sun, a drizzle of rain, a strong cold wind. Any sensible bird was taking cover despite the well-filled bird feeders. I recorded one Wood Pigeon (of course), one House Sparrow, one female Chaffinch, one Blackbird and one Bluetit. I suspect many recorders recorded similar poor records. Still, perhaps there were some gardens with sun, fewer clouds, and no rain (and more enticing feeders?). After all, the final result will be an average of all returns.

Similar to my days as a country GP, I still get calls for 'home visits' - this time to look at birds and not patients. One afternoon I received two such requests! The first was to a garden with two birds to look at. I missed one of them which must have been worried by my coming but was able, I hope, to identify the other one. Birds in the garden, or anywhere, don't always look like the ones in the book and are the wrong sex, age, or at the wrong time of the year. A bird book artist always shows the 'perfect' bird with all its distinguishing features for the reader, perhaps using a photo or having perfect light conditions. Don't be disappointed. I always try and visit at your request and come to some conclusion!

The other visit was unusual, to view 100-plus birds lined up on a telegraph wire crossing a neighbouring field, part of which had been specially sown with bird seed-producing flowers. No wonder they were there. Intermittently, they were flying down in mobile bundles to feed and return to their wire gazing into the setting sun.

What a joyful sight to watch small clouds of these birds – Linnets - bunched together on the wire or in the air as they descended on the farmer's specially provided feast. My 8 x 42 binoculars were not good enough to identify the birds clearly at a distance, so I made a repeat visit with my x30 telescope. The pinkish flush on the breast and the white streak in the flight feathers confirmed my sightings. They were Linnets.



Returning home to peruse my bird books, mainly the previous year's 'Suffolk Birds' compiled by The Suffolk Ornithologist's Group and published by The Suffolk Naturalist Society. A wonderful accurate annual booklet of Suffolk birds of that year in which under 'Linnets' was a detailed list of all their previous winter gatherings. Not only of 2017 but all the previous six years recordings. Strangely enough no previous records from Rickinghall - soon to be put right! You never know as a known bird enthusiast what the occasional 'home visit' may reveal.

This report will reach you in March. Is it too much to expect to see that early Spring migrant—a Chiffchaff, a small dull coloured warbler singing from a tree or bush not yet covered with leaves, or even a Swallow?



Don't forget – **the kettle's on** every Tuesday at the Church Hall in Burgate. Do come along and enjoy a hot drink and homemade cakes, meet your neighbours, catch up with old friends, bring children. 10.00 am until 12 noon. Look for the 'A' board by the side of the road.

Church Flowers

3rd March – Jennie Labdon
No flowers during Lent.

Hall Cleaning - Linda Pell

Did you know.....

..... that you can hire Burgate Church Hall for meetings, parties and other social events? It has a very well- equipped kitchen with excellent cooking facilities, dishwasher, microwave and fridge. Toilet facilities are modern and are fully disabled accessible.

Contact Judi Tann on 01379 783302 for further details.

JumbleSaleJumbleSaleJumble

Saturday 23 March

at 2.00 pm

Burgate Church Hall

(IP22 1QE)

Entrance free

Light refreshments available

If you have any *good quality* items you would like to donate, please bring them to 'Kettle's On' on a Tuesday morning, or ring Jennie Labdon on 01379 783598

HERITAGE CIRCLE

Pip Wright, Lady Alice de Bryene

Pip Wright gave a well-researched insight into the life of a 14th Century household at the February meeting of the Heritage Circle at Rickinghall Village Hall. He began by saying that history can be annoying as it may offer only a partial view of events. This is true of the subject for his talk, Lady Alice de Bryene. She is buried in Acton Church, near Sudbury. A brass covering her grave probably does not look like her as these tended to be generic. It suggests that she was 4'6" tall, the average height for women of the period. He infers from other evidence that Lady Alice was a strong and formidable woman.

Lady Alice lived through the reigns of five kings as she was born about 1360 and died in 1435. She was approximately 75 when she died which was old for the time. These were difficult times as two kings, Richard II, who was eventually murdered and Henry VI, were aged 10 and 9 when they acceded to the throne. During her lifetime there was a serious plague epidemic in 1361, the Peasants' Revolt in 1381, and wars against France, including the Battle of Agincourt in 1415.

Lady Alice was the widow of Sir Guy de Bryene who died in 1386. She had two daughters. Unlike many women in the 14th Century, she did not remarry after being widowed in order to protect the considerable amount of land that she inherited from her husband. She was probably protected by her rich and powerful relatives who included Sir Richard de Waldegrave. She held 3,000 acres in Suffolk, 2,000 acres in Dorset and 1,000 acres in Gloucestershire. Much of the land was rented out to tenants at low rents as they helped with the harvest. Lady Alice lived at Acton Hall which was probably a moated medieval hall house constructed of wood. This would have had one large area where people ate and slept. She possibly had a separate room.

The most useful surviving evidence about Lady Alice and her household comes from a book of accounts which outlines the menus, the household costs and the numbers of people partaking in meals every day. The records are very detailed and were checked every three months to make sure that they balanced. This attention to detail suggests that Lady Alice kept a tight control over her estates. For example, the fish merchant came from Colchester every Saturday and the 1/2d loaf for his horse was recorded! These accounts show that a lot of fish and shell fish were eaten.

There were three fast days in the week when no meat was allowed, Wednesday, Friday and Saturday, in addition to Lent and Advent. A range of meat, including beef, mutton, bacon and pigeons, were consumed on other days. Each person was given a loaf of bread at each meal and a slice of black bread made from the sweepings of the granary floor as a trancher or plate. There is no mention of fruit or vegetables, but these would have been grown on the estate and may have been used for soups. The one luxury in the accounts appears to be the purchase of spices such as saffron, cloves, ginger, pepper and mace which would have been used to mask the flavour of the deteriorating meat towards the end of winter. The only sweeteners would have been honey and fermented barley (malt). Sugar was used as a medicine.

Lady Alice was a religious woman and gave money to good causes. She left land rents and money to pay for a daily chantry mass to be said for her 'for ever' at Acton Church. It was ended by Henry VIII in the 1530s when he dissolved the monasteries. However, perhaps the most remarkable feature of Lady Alice's life is that her household accounts have survived over 600 years.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 27 March when Sarah Doig will give a talk about Daniel Defoe's Tour of the Eastern Counties. New members and visitors are very welcome. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net.

Gerry Gurhy

CORN THE HALL

Open Monday-Saturday 10am-4pm
01379 652241 www.thecornhall.co.uk

Date	Category	March Diary of Events	Tickets
19 Jan -9 Mar Box Office Hours	Exhibition in the Main Gallery	The Art of Rural Life	FREE
1 Mar - 27 April Box Office Hours	Exhibition in the Main & Upper	Ceramics	FREE
Fri 1 Mar, 7.30pm	Music	The Pirates of Penzance - The Merry Opera Company	£15 / Under 18 £7
Sat 2 Mar, 8pm	Theatre / Word	Luke Wright – Poet Laureate	£12 / Students £6
Tues 5 Mar, 8pm	Music	Jon Boden and the Remnant Strings	Advance £15 / On the day £17
Weds 6 Mar, 10.30am 7.30pm	Matinee Evening Film	Hotel Salvation (PG)	£5 / Under 18 £2.50
Fri 8 Mar, 8pm	Music	Counterfeit Stones	£19
Sat 9 Mar, 8pm	Comedy	Alfie Moore - Getting Away with Murder Age 14+	£14
Weds 13 Mar, 7.30pm	Evening Film	BlacKkKlansman (15)	£5 / Under 18 £2.50
Thur 14 Mar, 8pm	Theatre	A Super Happy Story (about Feeling Super Sad) Age 14+	£11
Weds 20 Mar, 10.30am 7.30pm	Matinee Evening Film	The Wife (15)	£5 / Under 18 £2.50
Thur 21 Mar, 7.30pm	Music	Yusuf / Cat Stevens - a concert by Keith James	£15
Sat 23 Mar, 10am	Workshop	Make Your Own Coil Pot!	£20 incl materials
Sat 23 Mar, 2pm	Family	Pete's Family Jam Age 3-7yrs	Children £5 / Adults £1
Tues 26 Mar, 7.30pm	Theatre	The Oyssey - The Pantaloons Age 12+	£13.50 / Concs £9.50
Weds 27 Mar, 10.30am 7.30pm	Matinee Evening Film	A Star is Bom (15)	£5 / Under 18 £2.50
Fri 29 Mar, 8pm	Comedy	Com Hall Comedy Club	Advance £11 / Door £13
Sat 30 Mar, 10am	Workshop	Mother's Day Flower Workshop – with Gabriel's Garden Age 10+	£45 incl materials, tea/coffee & cake
Sat 30 Mar, 7.30pm	Music	Martin Simpson	£15
For more information about any event or activity go to www.thecornhall.co.uk or ring the Corn Hall box office on 01379 652241			

Rainbows, Brownies, Guides and Seniors



1st Diss Rainbows had an amazing evening attending the Diss Panto of Dick Whittington. The girls giggled throughout and loved every minute of it.

1st Diss Brownies are looking forward to attending a Brownie activity day with the other Brownie groups in the district. They will get to meet lots of other girls their age and do lots of love themed activities and gain the Spread the Love Challenge Badge.

2nd Diss Guides and Senior Section have got an exciting trip planned to go to London to see Wicked. Getting to see a show in the West End is something that all the girls are counting down the days for!

Not only do the girls get to go on trips out, but with the new GirlGuiding programme coming into full swing, the girls are getting to complete skill builders such as first aid, learning invaluable skills that can help them stay safe and to help them save lives.

GirlGuiding is for girls ages 5-18 and is all about building up their confidence, meeting new people and learning new things. The girls meet once a week in Diss and they get to choose what they do within the meetings, whether that be baking or running a charity event for example.

If you think your daughter may be interested in joining **Rainbows, Brownies, Guides or Seniors** or you would like to volunteer then please register your interest on the Girlguiding website www.girlguiding.org.uk or contact Helen on 0750 605 0292 or girlguidingdiss@yahoo.com



Beyond the Wall

Our manager, Angie Brett, is leaving us and what a loss that will be. In the last couple of years under her management the walled garden has been transformed. It will be a challenge to find someone who can pick up where Angie leaves off – perhaps if you've followed us in WOBUL you'll be encouraged to get in touch or recommend the position to others?



**Do you have what it takes to
lead our Charity?**



Role: Centre Manager

Salary: £23-25,000

Hours: Full Time 35hpw, would also suit job share

Location: 'Beyond the Wall', Thornham Walled Garden, Thornham Magna, Eye, IP23 8HA



"Beyond the Wall" is a small independent charity supporting people with mixed disabilities, based in North Suffolk. We



provide a safe environment for clients to develop personal and employability skills on and off site, with a strong emphasis on practical skills. We are an accredited progression centre for Suffolk Social Services.

We seek a new Centre Manager to build on our existing success.

You will have appropriate qualifications and experience in this field, and in managing a team of staff and volunteers.



Interested?

Telephone: (01379) 788700 or email: admin@beyondthewall.org.uk

for an application pack

Closing date for applications 2nd April

WORTHAM VILLAGE HALL

Quiz Night

& HOG ROAST

Bar & Raffle

RAISING FUNDS FOR WORTHAM VILLAGE HALL
Registered charity No. 1115478

SATURDAY 13th APRIL
7.30pm until 10.15pm approx (doors open 7pm)
£10 per person, teams of up to 5 people
To book a table please contact Mike Cornish: 01379 309538
or e-mail: family.cornish@gmail.com

Wortham Village Hall for your next party?

Are you thinking of organising a birthday party, an engagement party or a similar event? Then Wortham Village Hall could meet your needs. The Hall is available for hire by members of the public as well as by groups and clubs.

With a large floor area for dancing, a well-equipped modern kitchen and plenty of parking space, the Hall may provide just what you need for a family gathering or social event.

For booking information and hire rates contact Mike Burgess on 01379 898037.



MID MORNING COFFEE BREAK

**CALLING ALL LOCAL BUSINESSES,
GROUPS, CLUBS, SOCIETIES**



**WE ARE INVITING ALL OF THE ABOVE TO BE PART OF PARK RADIO.
WE WOULD LOVE TO HEAR FROM YOU, WE WILL PLAY 3 SONGS OF YOUR
CHOICE ON AIR DURING OUR MID MORNING COFFEE BREAK!
AT NO COST TO YOU**



AT



YOUR CHANCE TO WIN YOURSELF A PARK RADIO TEA COASTER

**SIMPLY SEND US 3 SONGS OF YOUR CHOICE AND WE WILL PLAY THESE
FOR YOU DURING OUR AFTERNOON SHOW**



LAST ORDERS

WE WANT TO HEAR FROM YOU!

SEND US 2 SONG CHOICES OF WHAT YOU WOULD LIKE

TO LISTEN TO JUST BEFORE WE CALL LAST ORDERS AT 11PM

SO ALL YOU HAVE TO DO IS EITHER EMAIL US AT info@parkradio.co.uk

or

call us on 01379 210000

WE LOOK FORWARD TO HEARING FROM YOU

Wanted - a few Good Samaritans.

This is an appeal for a few big-hearted people willing to help a volunteer group that runs a weekly cake and chinwag get-together every Wednesday afternoon in Wortham Village Hall.

The original stimulus was the revelation in the Parish Survey that more than 50 people in Wortham live alone and might appreciate a regular opportunity to get together with neighbours. Since we started Tea's Made almost two years ago, the number of regular and occasional participants has grown to more than 40 including several couples. The weekly average is about 20 some of whom rarely miss a week.

We need help in two areas. First, our small team needs Good Samaritans to help set out tables and chairs or provide short car rides for those with limited mobility.

We would also appreciate help in identifying others in Wortham who would enjoy tea or coffee and a piece of cake over a chat about almost anything. (We do try to avoid Brexit and Donald Trump but rarely succeed.)

The reward for being part of the Tea's Made team? The knowledge that a simple event makes such a big difference to many people in our community.

If you can help in any way please contact Miriam Quinn on 01379 898864 or at qmiriamq@btinternet.com.

TEA'S MADE

You are invited to a weekly meeting with a difference. There are no agendas, no objectives and nothing on sale. The event is nothing more than an opportunity to meet new neighbours or old friends over a cuppa and a piece of homemade cake in a relaxed atmosphere. We meet every week in Wortham Village Hall on Wednesdays, between 2 and 4 pm.

Some of our regulars are among the 50 or so people who live alone in the Wortham area and they look forward to a weekly outing to have a natter. We try to avoid discussions on health problems, Brexit or Donald Trump, but we don't always succeed!

And the price for this get-together over tea, coffee and cake? Anything you like. We must pay for village hall hire and refreshment supplies and they're covered by voluntary contributions.

For more information call Miriam Quinn on 01379 898864.

Or just join us on Wednesday afternoon.

No reservation is necessary.

RICKINGHALL & DISTRICT COMMUNITY TRANSPORT

A huge 'thank you' to the numerous organisations which so generously donate to our community bus thus ensuring its future operation. Also, to the special people who fundraise and donate so generously.



A special 'thank you' to the parish councils of Redgrave, Botesdale, Rickinghall, Wattisfield and Stanton which ring-fence funds on an annual basis to ensure a replacement vehicle when necessary.

From all the people who use and need the bus, again, thank you.

Gordon Lawrence
Community Bus Co-ordinator
Tel: 01379 897109



FoBHC

The Annual General Meeting
of The Friends of Botesdale Health Centre will be held at

The Botesdale Health Centre

Monday 29 April at 7.30 pm

There will be tours of the new building by the Partners of the Practice, and information about the future use, occupants, etc.

This evening will also mark the official retirement of Dr Tim Cooke and everyone will be welcome to come along to enjoy a drink and refreshments on this occasion.



'Tales of an Auctioneer'
With Elizabeth Talbot of T W Gaze

Wednesday 10th April
7 for 7.30 pm
Rickinghall Village Hall

Come and join us for an evening with Elizabeth who will regale us with tales from her fascinating career and her experiences in the world of antiques.

Tickets at £8, (includes a glass of wine and nibbles. Pay bar also available), can be obtained at the meetings of Rickinghall Further Education Group, WI, Heritage Circle, Farmers' Market, or through Faiths Handicrafts (01379 898064) and Val Goodwin (01379 890910).

Proceeds to Rickinghall Village Hall. Charity Number 1031063.

VILLAGE HALL DATES FOR YOUR MARCH DIARY

Morning Yoga	Tuesday	05, 12, 19, 26	10:00 – 11:30
Midday Yoga	Thursday	07, 14, 21, 28	11:45 – 13:15
Ballroom	Monday	04, 11, 18, 25	18:30 – 20:30
Pilates	Wednesday	06, 13, 20, 27	09:30 – 10:30
Gentle Exercise Mornings	Thursday	07, 14, 21, 28	09:30 – 10:30
Gentle Exercise Evenings	Wednesday	06, 13, 20, 27	19:30 – 20:30
W&B Sunday Club	Sunday	03	09:45 – 11:00
Tea's Made	Wednesday	06, 13, 20, 27	14:00 – 16:30
Anglian Polymer Guild	Sunday	24	10:00 – 15:00
Good Companions	Tuesday	12, 26	14:00 – 16:30
Hartismere Benefice	Thursday	28	19:00 – 21:30
Private Function	Sunday	10	10:00 – 13:30

WOBUL is published monthly as a service of the Wortham & Burgate Community Action Programme

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The Editor thanks all contributors for their timely submissions and states that the views stated herein are his or those of the article contributor and not of the W&B Community Action Programme