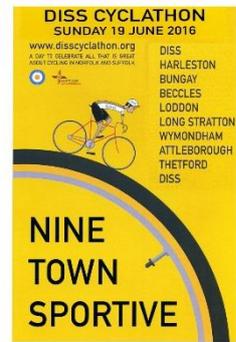


April
2016

WOBUL

Wortham & Burgate Letter

Your monthly interesting, community and local information



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GISLINGHAM VARIETY CLUB



Book, Music & Lyrics by Lionel Bart

Wed 6th to Sat 9th April at 7:30pm

Gislingham Village Hall

Tickets £9, under 16s £6

Box Office 01379 788411

My name is Paul Fleet and I am Senior Community Fundraiser for British Red Cross in Norfolk & Suffolk. I wonder whether you can help with our Red Cross week this summer. The venues and dates of events which you will hopefully be interested in, are these:

Collection Type	Town	Date
Town Centre	Ipswich	13 May
Town Centre	Ipswich	21 May
Town Centre	Bury St Edmunds	21 May
Town Centre	Bury St Edmunds	11 June
Town Centre	Newmarket	17 May
Morrisons	Lowestoft	14 May
Morrisons	Lowestoft	21 May

I am seeking volunteers to cover a collection 'shift' at either the town centre or supermarkets of about 2 hours – either 9-11, 11-1pm, 1pm-3pm and 3pm-5pm. Volunteers will be provided with all kit i.e. bib, collection can etc. All money raised will be used in the local area, either on mobility aids, care in the community, first aid or emergency services. Please pass this information on to friends, family and colleagues. Thank you for taking the time to consider this request and I hope to hear from you soon.

Paul Fleet, Senior Community Fundraiser, Norfolk & Suffolk.

Tel: 01603 253 412 Mob: 07921 940730

RICKINGHALL COMMUNITY TRANSPORT



As you may be aware, the future of this service is now secure and available for all your needs. Regular shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits. The bus is available for visiting friends and relatives, in fact pretty well anything you need. Door to door service, any help a pleasure. Wheelchairs no problem. Please telephone Gordon on 01379 897 109 (24/7 ansaphone)



LAWN BOWLS
Give it a Try!

**17 APRIL
2016**

**WORTHAM
BOWLS CLUB**

2016 SEASON OPENS

Wortham Bowls Club has been serving the people of Wortham and surrounding villages for over seventy years and is looking forward to another successful season

New Season

**Fresh air, great
company and
friendly
competition**

**New members
very welcome**

**Free coaching
every Friday
evening**

GIVE IT A TRY!

**For more
information,
please call:**

**Jean on
01379 643641**

**Brian on
01379 890701**

DISS CYCLATHON

SUNDAY 19 JUNE 2016



**SPORTIVE
COME & TRY IT RIDES
GRAIN BEER TENT
WHEELIE WONDERFUL TRAIL
LIVE MUSIC
FUN FAIR
TRADE STANDS
COFFEE & CAKE**

Talk to a local cyclist in Norfolk or Suffolk and they'll tell you the best cycling in the area is on the beautiful country lanes and that the best stops are in the many cafes in the market towns. As part of the Diss Cyclathon we've decided to combine the two into a Nine Town Sportive.

There's a choice of 25, 50 and 100 mile routes and you get all the things you'd expect from a Sportive.

Marked routes and downloadable maps to guide you along the way.
Mechanical assistance should your bike break down and a broom wagon should you break down!

Lots of lovely cycling folk to ride with and chat to.

Plus the warm feeling that you're supporting local cycling and our friends at the Air Ambulance.

Register to ride at www.disscyclathon.org

If you prefer not to pedal then spend your time exploring Diss where there will be a range of fun activities and events that pay homage to all things cycling - modern, historical and that which is just good fun!

If you're entering the Sportive, why not bring along the whole family to cheer you over the finishing line? There'll be plenty to keep them busy from stalls, stands and live music to a fun fair, a smoothie bike, beer tent, and lots of places to eat and drink.



THE SHEILA RUSH PAGE

Mothering Sunday

A lovely Mothering Sunday service was held at St Mary's Church on 6 March 2016, conducted by The Rev Adrian Watkins, with the organist Myra Pinnell. A candle was lit and readings were given by Lyn Pelham Burn and John Scott. Wortham Primary School children played a large part in the service when they read the story of Hannah and Samuel, said prayers, took the collection and posies to the altar to be blessed, and then distributed them to all the congregation which included many mothers. A prayer for mothers was said and the Blessing was given. Children came round with refreshments.

Twinning Association

We have four French language groups on the go: two structured groups led by Lyn Clarke, one a beginners' and the other an improvement group. In addition, there are two conversation groups. Anyone can join the conversation groups by contacting our Secretary Judith on 01379 741806. Finally, the association is pleased to welcome new members, Gina & Barry Cole, Fee & Nick Robertson, Susan Richardson and Charlie, Vicky, Joe & Amber Tustian.

Howard Nurseries

Wortham plant specialist Howards Nurseries scooped two awards at the Waterwise Water Efficiency Awards at the House of Lords recently in honour of its self-sufficient reservoir. The nurseries won the Environment Agency's Chairman's Award for water efficiency, and the Farming & Horticulture Award for the reservoir which has 5,000 reeds and 10,000 fish.

Wortham Bowls Club

The Bowls Club held its annual dinner on Wednesday 16 March at the White Horse, Stoke Ash. 40 people attended and a lovely evening was enjoyed by all. Richard Pursehouse, captain of the Tuesday Team presented the trophies and cups to the winners. The results were: 3 Wood Pairs final – Alva Garnham and Steven Wilby; Ladies Singles Final – Rachel Garnham; Handicap Singles Open 2 Wood Singles – Alva Garnham; Men's 3 Wood Singles – Alva Garnham; Open Singles for the Eddie Hall Trophy- Alva Garnham; Handicap Final First 7 Shots – Steve Drake.

Happy 90th Birthday

Happy Birthday to Betty Garnham who will celebrate her 90th on 21 April, the same day as H.M The Queen. (See photo on right) The story attached states that the nurses at the hospital insisted to Betty's mother that she should be named Elizabeth as the future Queen had been so named earlier that day! (*Apologies for the scanned photo quality of the 10-year old EADT article, Ed.*) The headline reads: 'She shares a name with a certain other Elizabeth - they share a commitment to the community too.'

Betty has a lot of connections with Wortham: she and husband John kept the Dolphin Inn for several happy and successful years; her son Alva and daughter-in-law Rachel live in the village (*and are successful members of the Bowls Club as can be seen in the Bowls Club article! – Ed*); she is Chairman of the Wortham Good Companions Club and has worked tirelessly for the Royal British Legion Women's Section. She now lives in Diss and is an avid reader of WOBUL.



Photo courtesy of EADT, issue of 20th April 2006.

RAHOF 2016

Support group for St Nicholas Hospice Care in Bury St Edmunds has a full 2016 programme, kicking off with a St George's Coffee Morning in April:

ST. GEORGE'S COFFEE MORNING

Botesdale Village Hall
Saturday 23rd April, 10 a.m. to 12 noon

Children's Art Competition: Picture of a Dragon

Judge: Mike Webb, Cartoonist and Artist
(Bring your picture along on the morning)

Admission £1, including coffee and biscuits
Draw, Cakes, Books, Bring-and-Buy, Bygones and more.
For information: 01379 898827

OTHER EVENTS: Please put these RAHOF dates in your calendar:

Wed. 8th June - Bressingham Spring Lunch at Bressingham Hall Great Barn
Thurs. 21st July - Summer Coffee Morning at Barningham House, Barningham
(by kind permission of William and Brigid Martineau)
Fri. 16th September - "Did you Jive in 55?" (Singalong Musical Presentation
on early UK Rock & Pop) Redgrave Amenities Centre
Fri. 21st October - Annual RAHOF Quiz, Hinderclay Village Hall
Fri. 16th December - A Christmas Evening - All Saints Church, Redgrave

Roella's 60th Birthday

Charity Dance

to

"Backstreet"

Saturday 16th July 2016

8.00 pm – Late at the Park Hotel, Diss

Tickets £5

From Park Hotel or 01379 650 471

*All Proceeds to Pancreatic Cancer
and Brain Tumour Research*

Garden notes by Linda Simpson

March has so far been quite a quiet time in the garden for me. The cold easterly winds and overnight frosts seem to have really slowed things down. Having finished weeding and mulching all the beds I have had a chance to take stock and assess how the garden is developing and melding.

I am still encouraging some shrubs into a good shape. They were ones that were overgrown when we took the garden over and we have been trying to persuade ever since to grow into an attractive shape. By a combination of clearing around them and shaping the shrub themselves we are gradually getting them as we would like.

We have two specimens of sorbus aria – whitebeam - both of which had grown very tall with all the branches and leaves high up and not really visible. When we came they were completely overshadowed by tall conifers just feet away from them which were removed very quickly. One of the whitebeams showed signs of some growth from the base so I fairly quickly chopped the top of at around five feet and am encouraging it to become a multi stemmed specimen. It seems to have responded well to this.

The other I rather feebly only took out the top 6 feet (it was probably about 30 feet high). Of course I should have been more ruthless and so I have only just now come to the conclusion that unless we reduce it considerably it will always be out of sight above our heads. We have now taken it down a lot more. It looks a bit brutal but hopefully it will respond by putting out branches where we get the benefit of the lovely felty grey leaves. At the lower height they will be against a backdrop of the purple leaves of prunus cerasifera nigra forming an attractive contrast.

In the same area in a corner, we had put the lovely lead roofed gazebo that I bought with some money my mother left me when she died, so it is special to me. Having moved it here from Essex, although it looked good where we put it, we found that since it was in quite a shady corner we did not use it as much as we would like. We mulled over for a while where we could move it to. It needed a bit of a backdrop and somewhere where we would be sure to use it.

We eventually decided to move it over to the other side of the garden where we had a bench which is our breakfast spot on nice mornings. With the additional wind protection from the covered back of the gazebo this will mean that there are even more mornings when we can enjoy breakfast in the garden.



We transported the top heavy gazebo on the trailer attachment to our mower – the same way as we moved it from the removal van to its first spot. Once in place it looked as though it had always been there – a sure sign of belonging. Roll on the good weather so we can use it.

News from the Wortham Garden Lovers Group

Wortham Garden Lovers Group recently had a very enjoyable garden forum and seed exchange evening. Held at Ivy House Farm kindly hosted by Paul and Jacky Bradley, members of the group discussed a number of gardening problems and ways in which to solve them. Amongst the topics discussed were how to deal with moss in lawns and meadows and ideas for ground cover in dry shade and underneath hedges. Members also had the benefit of input from a professional gardener who happened to be staying at Ivy House Farm.

Members of the group had brought along spare seeds and were able to swap them for others they might like to try. Following on from this it was suggested that we have a seedling exchange afternoon. Katherine Smith offered to host this in her garden during April or May – date to be agreed in due course.

Anyone interested in joining the Garden Lovers Group please contact Linda on lindaruth11@gmail.com.

Wortham Gardens Open Event - 11th and 12th June 2016: 11am - 5pm

Yes, it's back – around 18 Wortham households are once again this year throwing open their garden gates to visitors to help raise funds for Wortham Village Hall. The school will be taking part and there will also be a couple of open studios.

The event has 'rested' for a couple of years and this year Joy Cornish has bravely agreed to take over its organisation. Joy has approached keen gardeners in the village who have enthusiastically volunteered to take part again or for some, for the first time.

It has all the usual elements that make such events so popular – a chance to glean ideas and see gardens not normally open to view, an opportunity to buy plants generously donated by Howards Nurseries, ploughman's lunches and teas and cakes. This year also there will be an opportunity to make an early bid in a silent auction of upcycled furniture being organised by the Friends of Wortham Church (final bids can be made at a later event being organised by The Friends – look out for notices).

Programmes for the event can be bought in advance from Wortham Village Stores or on the event open days at the Village Stores or in some of the gardens themselves. **The ticket price is £5** which gives entry to all of the gardens and if you find you cannot get round to them all on one day you can keep your programme and use it on Sunday also at no extra cost.

For those who have been before you will be interested to see how some gardens have developed or changed in three years as well as enjoying some gardens new to the event. We look forward to seeing you. Full details can be found on www.opengardens.co.uk or follow us on Twitter @worthamgardens.

WORTHAM
OPEN
GARDENS
4 miles from Diss on A143
11-12 JUNE
11am - 5pm
Programmes available
in advance from
Wortham Post Office
for further information see
www.opengardens.co.uk
Twitter: @worthamgardens

The new county policing model in Suffolk goes live on Monday 4th April. Teams and resources have been re-designed following the Suffolk Local Policing Review, to ensure that policing in

Suffolk is able to respond to current demand.

Analysis of demand has been a driving factor in the re-design of policing services, as senior leaders have looked to identify where resources and services can be better structured to make sure that members of the public get the service they need from the right agency at the right time.

The results of this analysis have led to a series of changes including enhanced processes for the investigation of crime, a reduction in the number of police station front counters to reflect the demand they face and the relocation of Safer Neighbourhood Teams and emergency response bases according to demand.

Police are available at all times for an urgent response – public safety remains the top priority and this will always be the case. Nationally, more than three quarters of 999 calls received by police are for non-emergencies. This number should be protected for urgent calls, and it is important that members of the public understand the variety of ways they can get in touch for the most effective response.

Within Suffolk Constabulary's Contact and Control Room (CCR):

- Around 284,000 calls are received per year, or approx 782 per day (average based on 2015 including 999 and non-emergency calls).
- Only around 20% of these relate to crime. The remaining 80% are made up of administrative calls, or relate to anti-social behaviour, public safety / welfare and transport.
- The largest proportion is attributable to public safety and welfare calls.

A large number of calls are received that do not relate to police matters. The police are often the 'service of last resort' – people call the police when they don't know who else to call. The commitment of police to public safety means that officers are sent to calls for help that are not police-related and are therefore diverting resources from emergencies.

To tackle these issues, the Constabulary is working to improve its online services to make sure that more information is readily available through its website to answer queries and to direct members of the public to the correct agency, and through raising awareness of the correct use of police numbers and the breadth of policing demand.

How to get in touch

By phone

999 – In an emergency, always dial 999. If a crime is in progress or if there is a threat to life, call immediately and you will receive an urgent response.

101 – For non-urgent police matters, dial 101. The number is available 24/7 and is for reporting less-urgent crime, to speak with someone about an incident already reported, or to contact a specific police officer or member of staff.

Online

Website – visit www.suffolk.police.uk to report a crime, to report a fraud and to find the answer to a huge range of policing questions. Safety advice can also be found online, along with contact details for our teams.

Social Media

Non-urgent messages can be sent to police via the Constabulary Facebook page – Suffolk Constabulary Official Page or via @SuffolkPolice on Twitter. Following these accounts provides regular access to crime and policing updates. These should not be used for requesting urgent police assistance.

In person

- **Police stations** - Police station front counters at Bury St Edmunds, Ipswich and Lowestoft will be open from 9am-5pm Monday – Friday and Saturday 10am-6pm. Station clerks can assist with a range of policing queries and can take reports of crime.

- **Local officers** – Safer Neighbourhood Team officers spend time out and about in local communities and are available to speak about local issues.
- **Non-police matters**
- At times, the police are not the best agency to provide the support or help needed. The Constabulary should always be the first port of call when someone is in danger or a crime is in progress but alternative agencies should be contacted for issues including:
 - **Noisy neighbours:** The police do not have any powers to prosecute for noise nuisance. The Environmental Health department of your local authority should be contacted unless a crime is in progress.
 - **Defective street lights:** the local council has the responsibility for maintaining or repairing street lights.
 - **Rogue traders:** Reports of rogue traders should be made to Trading Standards. If you are aware of an incident in progress, or someone is in danger call police on 999.
 - **Lost or found dogs:** Local councils have dog wardens who deal with lost or found dogs, call them for assistance and advice with these matters.
- Full information on the services provided by the Council can be found at www.suffolk.gov.uk.

Chief Constable Gareth Wilson said: "As a police service, it is crucial that we are available when people need us, at all times. To help us, we need to make sure people know the most appropriate ways to get in contact. By sending an email, reporting a less serious issue online, or dialling 101 when it is not an emergency, you are protecting our 999 number and ensuring that it is used only for urgent calls for help. As part of our review of local policing services, we undertook extensive analysis to understand how and why people contact us. As a result, we are working to make sure we are available in the ways people want – moving resources away from areas such as police station front counters where demand has significantly decreased, and enhancing our online presence to improve the services available on our website and other digital channels.

"It's also important for people to recognise what is and isn't a police matter. The demand we face is extremely complex and our resources are finite, so making the right call ensures that our teams are dealing with matters affecting communities and responding to reports of crime. Knowing who to call in the first place will not only reduce the volume of calls to our staff, but will save members of the public time by speaking to the correct organisation in the first instance."

Police and Crime Commissioner Tim Passmore said: "The most important message we can relay to the public is that if you need help from the police – they will be there for you, night or day. I am proud of the service that Suffolk Police provides, it provides an efficient and effective service to the people of Suffolk and we should all be reassured that we live in a safe county. I opted to keep the control room in the county which was a big decision for me, now I am committed to improving the service and where possible joining up with other agencies to provide a broader and better service for the county. I fully support the Constabulary's campaign to highlight what is, and what is not, an issue for the police to deal with. You would be amazed at some of the calls that come through to the control room – a very high percentage are not police issues at all and with a little bit of thought and common sense many of the calls could be directed more effectively to the correct agency.

The Constabulary is always going to be the agency of last resort and that is absolutely right. If you are at risk, under threat or feeling vulnerable the police will help you regardless if a crime has been committed and that will remain the case, always."

Help us keep our communities safe by reporting any suspicious activity.

Please use the following link to pass useful information to Suffolk Police about any incident.

<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

DO NOT USE THIS LINK IN AN EMERGENCY OR IN A SITUATION THAT REQUIRES AN IMMEDIATE POLICE RESPONSE WHEN YOU SHOULD RING 999.

Police Connect Team

With the clocks going forward last weekend, householders across Suffolk are being urged not to make it easy for potential thieves. Officers are advising people to pay extra attention to home,

bike and vehicle security with the onset of lighter nights – often seen as an opportunist time for this type of crime.

Suffolk Chief Superintendent David Skevington said: "Most thefts are carried out by opportunist criminals. The coming summer months can bring with them thieves on the look-out for lapses in security – such as doors and windows left open, bicycles poorly secured or property left on display at beauty spot car parks. People are advised to be aware and make use of simple crime prevention methods which deprive thieves of the opportunity to steal."

Suffolk Constabulary offers the following advice to residents:

Windows

- Always lock your windows when you leave the house.
- Remove the keys and keep them in a safe place. However, everyone should know where the keys are kept so they can escape in an emergency.

Doors

- Keep your front and back doors locked or in view when you are at home.
- Use or consider fitting a door chain and spy hole - a chain allows you to speak to the caller without opening the door fully and the spy hole also you to see who is at the door.
- Fit five lever mortice locks to all external doors.
- Check your cylinder locks on patio/plastic doors and ensure they are snap and bump resistant - a local Master Locksmith can advise if you are not sure.

Keys

- Never leave a spare key in a convenient hiding place such as under the doormat, burglars know all the usual hiding places.
- Never leave your house or car keys in or near a door or window.
- Attention should also be paid to the security of sheds and garages and to the property stored within.
- Parked cars – especially those left in remote areas such as beauty spots – should be left locked and secure with no property left on display and satellite navigation devices, car audio equipment, cameras, handbags and laptops should be removed from the vehicle entirely.
- Bikes should always be left secure, using a sturdy lock covering the bike stand, wheel rim and frame together.
- People attending large scale events or out and about in busy areas should be mindful of thieves and keep handbags closed and mobile phones out of sight and kept securely on their person.

Chief Superintendent Skevington added: "Suffolk is an extremely safe place to live and your chances of being a victim of such crimes still remain extremely low, but you should consider making your house look like someone is at home. With the weather improving, more of us will be out and about so please remember to keep your property secure and don't become an easy target. We would also encourage people to be a good neighbour - if anyone is spotted acting suspiciously in your neighbourhood, call the police."

Anyone with information about thieves operating in their area should contact Suffolk Constabulary on 101 or Crimestoppers anonymously by calling 0800 555 111.

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<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

IN A SITUATION THAT REQUIRES AN IMMEDIATE POLICE RESPONSE YOU SHOULD RING 999.

Police Connect Team

Police are appealing for communities to 'see it, hear it and report it' by being vigilant and looking out for suspicious activity following a spate of burglaries in villages to the north of Bury St Edmunds. Since January this year there have been 13 burglaries or attempted burglaries across five villages located in and around the A143 corridor. Three of these offences have taken place in Barningham, the first of which was discovered on 7 January and the most recent on 1 March. Four burglaries have occurred in Great Barton between 31 January and 12 March. Four burglaries have also occurred in Stanton and there has been one each in Hopton and Coney Weston. These have all taken place between 7 February and 1 March. All of these incidents have involved doors or windows being forced open, or attempts to force them open, and have usually taken place whilst the occupants were away. Items stolen include jewellery, cash, electrical items and power tools.

Detective Inspector Karl Nightingale, of Bury St Edmunds CID, said: "We are appealing for anyone who may have seen any suspicious persons or vehicles in the vicinity of these villages to contact us. Intelligence from local communities is often crucial in helping us to identify suspects for these types of crime. The fact that many of these burglaries have taken place whilst the residents were away could indicate that the offenders have visited the area prior to the burglaries taking place. Don't dismiss someone or something that looks out of place – if you believe it to be suspicious then contact police with descriptions of people or registration numbers of vehicles. If planning to go away for the night or on holiday, you are advised to let close neighbours know that the house will be unoccupied so they can keep an eye on it. Neighbours will then know if they see or hear anyone at your property that they should not be there."

Anyone with information in relation to these burglaries, or who believes they may have witnessed suspicious activity in their community, is asked to contact Suffolk police on 101, or alternatively you can speak to Crimestoppers anonymously on 0800 555 111. If you believe a crime to be in progress always call 999.

Members of the public are advised to consider the following measures to help protect their property:

- › Ensure all doors and windows are routinely kept secured and robust locks are fitted
- › Where possible, restrict access to the back garden with hedging or 6ft high fencing around the perimeter and keep any side/rear gates locked & secure
- › Keep any hedges or fences at the front of the property to a maximum height of 3ft, this improves visibility to the house and reduces the chances for a burglar to remain out of sight
- › Ensure all tools and ladders are kept locked away in outbuildings – burglars will often break-in to houses using items they find at the property
- › Install dusk-to-dawn security lighting
- › Consider installing an intruder alarm
- › Use lights on timers inside the house, especially during autumn and winter months when it gets dark early, or when away on holiday. This can help create the impression that someone is at home
- › Security mark your property, ideally with a forensic marking solution, and register serial numbers on www.immobilise.com
- › Take photographs of jewellery or other valuable property so these can be passed to police if stolen and help with their recovery.

Further home security advice can be found on our website:

<http://www.suffolk.police.uk/safetyadvice/homesecurity/burglary.aspx>

Help us keep our communities safe by reporting any suspicious activity.

Please use the following link to pass useful information to Suffolk Police about any incident:

<http://www.suffolk.police.uk/safetyadvice/reportcrime/tellthepolice.aspx>

DO NOT USE THIS LINK IN AN EMERGENCY OR IN A SITUATION THAT REQUIRES AN IMMEDIATE POLICE RESPONSE WHEN YOU SHOULD RING 999.

Young people aged between 13 and 18 are invited to apply for a place in one of three new police cadets' units, as Suffolk's Police and Crime Commissioner, Tim Passmore today announced

an extension of the very successful Volunteer Police Cadet scheme to Beccles, Stowmarket and Mildenhall.

As part of his commitment to engaging with children and young people, the PCC has invested in the growth of the Cadet scheme from the four original units to nine units covering the breadth of the county. The three new units are being launched in Mildenhall on Tuesday 24th May; in Stowmarket on Wednesday 25th May and in Beccles on Saturday 28th May.

At present there are six schemes in operation in the county, Felixstowe and Woodbridge, Ipswich, Bury St Edmunds, Sudbury, Haverhill and Lowestoft and of these the cadets in Haverhill and Lowestoft, are joint units with the Suffolk Fire and Rescue Service.

Volunteer Police Cadets are part of a youth engagement programme to assist young people in raising aspirations and becoming pillars of their community, it is open to young people aged from 13 up to 18 who meet on a weekly basis to encourage the spirit of adventure and develop qualities of leadership and good citizenship.

Tim Passmore, Suffolk's Police and Crime Commissioner said: "I have seen first-hand the positive impact that being a cadet has had on young people involved in existing units and I am delighted to be able to extend this successful scheme across the county. The cadet motto 'It's not where you've come from; It's where you're going that counts' perfectly encapsulates the aim of the organisation, which is to help young people become good citizens.

"All too often young people make a wrong choice as teenagers and this limits their choices in the future. By showing the young people how to make positive life choices it is hoped that they will become good citizens and develop leadership qualities that will help them to become more confident and principled adults.

"In my police and crime plan I committed my support to the cadets and pledged to expand and improve the scheme so I am delighted to announce the launch of these new schemes which all will start in May.

Assistant Chief Constable Rachel Kearton said: "I am extremely pleased that our cadet scheme is being extended to cover other parts of the county.

"It is crucial that as a police force we engage with young people from an early age and provide them with positive opportunities to contribute towards their communities.

"The scheme allows us to work with young people to equip them with a range of useful life skills, as well as to provide them with an insight into the work of the Constabulary and the variety of career paths it can offer. I hope that lots of people take up the opportunity to get involved."

The cadets' meetings will be held in Beccles at Beccles Free School on Saturday mornings between 10am and midday; in Stowmarket at the High School on Wednesday evenings between 6-7.30pm during school term-times and at St Mary's Primary School in Mildenhall on Thursday evenings between 7pm-9pm.

Anyone interested in joining the cadet scheme or becoming a leader should contact cadetsinfo@suffolk.pnn.police.uk or call Matt Newman on 101.

Help us keep our communities safe by reporting any suspicious activity.

Please use the following link to pass useful information to Suffolk Police about any incident.

<http://www.suffolk.police.uk/safetyadvice/reportacrime/tellthepolice.aspx>

BILL'S BIRDS

Looking out on to our terrace recently there were two birds in the leafless climbing roses which interested me, the upper one was obviously a Coal Tit, a neat quickly moving little bird, but beneath it, half hidden by the tangled climbing rose, was what I had first thought to be a Hedge Sparrow. However, it had a black cap. As I watched it turned and flew to a neighbouring tree. It had a marked white rump. A female Bullfinch, the first in our garden. What a dainty bird this is. I could have wished for the bright red chest of the male, but that would have been too much to have asked for.



A finch which has made a reappearance recently is the Greenfinch after about ten years of absence, mainly because of a disease, trichomonosis, which has caused its fall in population from 2008 onwards, though now picking up. I was thrilled to see the brilliantly coloured male on our feeders in lovely spring plumage recently. This bird can also be recognised by its typical nasal wheezy call.



A similar looking bird in size and colouring is the Siskin. It dwells in the north of England and Scotland, but migrates south in the winter. I have seen many at feeders in the Whinlatter Forest in the Cumbrian Lake District where they breed. A flock of twenty was seen recently on Redgrave Fen. I have also seen them in the past at Lackford Lakes Bird Reserve where they were feeding typically on alder trees.

Black Cap (warblers) are now seen frequently at bird tables in winter. The winter migration of northern summering Black Caps to this country is now widely recognised. Why go to the Mediterranean as our winters are warmer and with enough food for the colder months? This winter migration is now officially recognised by bird authorities as an evolutionary change due to our habit of feeding birds in our gardens!

A winter gathering of Yellow Hammers and Field Fares has been seen in a Rickinghall field which is lying fallow. Yellow Hammers are not common these days. How come that they find enough of each other to gather together in the winter? Fewer fields are left fallow in the winter resulting in less food for winter flocks of birds.



The news of the whereabouts in Africa of Cuckoos in the winter is widely known, especially the various routes of passage by which they travel. However, Ospreys winter on the west African coast from northern England, Scotland and Rutland Water. They travel directly to their winter quarters, with few stops for food, in only about ten days. Why hang about when you know of the guaranteed weather awaiting you on the Atlantic coast.



And now. Stop Press News! One of our local watchers was thrilled to see a Turtle Dove. Yes. A Turtle Dove on telephone wires beside the road leading from Ubbeston Green to Yaxley on 23rd February. I was amazed and rang the British Trust for Ornithology in Thetford. Yes, they had had two reports from Norfolk in January and one from Cornwall. It has been suggested that perhaps some Turtle Doves could be over-wintering in this country (like the Black Caps who find enough food here), thus avoiding the annual slaughter

by so called 'sportsmen' in Malta on their migrations routes. Turtle Doves are their 'prize' kills. Another example of evolutionary change?

Spring is now supposed to be here. Watch out and listen for the first migrators — the Chiff Chaff and then, hopefully, the Cuckoo. Last year there were about five Cuckoos on Redgrave Fen, and then the Swallows. Don't worry, they will come.

TIM PEAKE'S MARCH PHOTOS FROM THE INTERNATIONAL SPACE STATION



AURORA 'FOG'



MILKY WAY



SUNRISE



BRITISH ISLES



Don't forget – **the kettle's on** every Tuesday at the Church Hall in Burgate. Do come along and enjoy a hot drink and homemade cakes, meet your neighbours, catch up with old friends, bring children. 10.00 am until 12 noon. Look for the 'A' board by the side of the road.

Plant Sale

The very popular plant sale will take place at Bloyes on Great Green on Saturday 23rd April, entry from 10.00 am. There will be a wide variety of plants for sale (annuals and perennials, and perhaps some vegetables too), as well as tea, coffee and home-made cakes. Come early for the best selection!



Woodland Walk

This will take place on Bank Holiday Monday, 2nd May. Assemble at Pointons Barn on Little Green from 2.00 pm for a short tractor ride to Burgate Wood. This wood is only open to the public once a year, so this is an opportunity not to be missed. Light refreshments available. All children must be accompanied by an adult.

St David's Day Quiz

Another full house in Burgate Church hall on 26th February enjoyed a wide range of questions, loosely based on all things Welsh, following an appetising supper. The winners of the 7 competing teams were the "Nos-darlings", with the "Glamorgans" being pipped into second place. Many thanks to the organisers for a thoroughly enjoyable evening. A total of just under £300 was made for the Friends of Burgate Church.

Quiz nights at Burgate are often arranged at fairly short notice, which means we cannot always advertise them in the Parish Magazine. If you would like to be notified of quizzes in the future, can you please get in touch with Gina Cole on gibatijore@hotmail.com and give her a contact email address.

Church Flowers

2 nd April	Liz Chapman
9 th April	Liz Chapman
16 th April	Fee Robertson
23 rd April	Fee Robertson
30 th April	Jennie Labdon

Cleaning Judi Tann

Bookings: Judi Tann, 783302

BURGATE SINGERS' SPRING CONCERT

Eye Parish Church
Saturday 7 May at 7.30 pm

The programme includes what will be the first public performance with orchestra of the *Requiem for an unknown soldier* composed by the late John Carol Case, a distinguished bass-baritone.

Other items on the programme are the *Boer War Te Deum* by Sir Arthur Sullivan and an excerpt from *Mefistofele*, an opera by Boito, best known as the librettist of Verdi. Both these works include significant music for brass band – a first for the Singers.

Tickets £15 will be available from mid-April from

Wortham Post Office, The Handyman, 8 Broad Street, Eye.
or 01379 677333.

Twining News



Film Night

Around 22 members attended what has become a popular event in the twinning calendar – a film night featuring a French film with English subtitles. This time we watched a film called *En Equilibre* a film about a stuntman who is injured falling from his horse and then falls in love with the woman who becomes his insurance assessor.

Enjoyed in the comfortable surroundings of Easter Barn the home of Nick and Frances Beasley with drinks and popcorn, everyone agreed it was a most enjoyable evening out with the bonus of helping to tune our ear into spoken French.

Twining now has four French language groups going – two structured classes, a beginners and improvers, as well as two informal conversation groups.

Members are looking forward to practise their skills when the French visit Wortham in July but also many of our French visitors are looking forward to practising their English. For the Wortham members who do not speak French we will be ensuring that if they wish to host some French visitors, they will be paired with people who have some English.



Borderhoppa Dial-a-Ride service

Borderhoppa buses are available to people of all ages who are unable to use ordinary bus services either because of mobility difficulties or because there isn't a bus service for them to use.

You can use a Borderhoppa bus to take you shopping, for doctors or other appointments, visit a friend or relative or to attend your local community group/club. Borderhoppa can also connect you with bus and train services to Norwich, Ipswich and beyond.

All drivers are fully trained. Borderhoppa buses pick users up from their door and will take them back again. Most vehicles are fitted with wheelchair lifts to make them fully accessible.

To use the dial-a-ride service all passengers need to become members. This costs £6 for 6 months or £10 for 12 months. Fares are priced according to distance travelled.

Membership forms are available to download from our website borderhoppa.org or you can request one by calling our office on 01379 854800.

DISS CORN HALL ARTS



POETRY & MUSIC Saturday 2 April 8pm

Martin Newell & The Hosepipe Band • The Song of the Waterlily & Black Shuck
Wingfield Barns, IP21 5RA • Tickets: £9 / Under 18s £6

WORKSHOP Wednesday 6 April 10am-1pm

Drawing for Adults with Clare Birks

Upstairs Studio, Designermakers21, IP22 4LB • £20 incl materials



FILM Wednesday 6 April 7.30pm • Brooklyn (12A)

Diss High School • Tickets: £5 / Under 18s £2.50



WORKSHOP Saturday 9 April 10am-4pm

Watercolour for Beginners with Rosie Copeland

Upstairs Studio, Designermakers21, IP22 4LB • £35 incl materials (16+yrs)

FILM Wednesday 13 April EARLY START TIME 7.15pm • Spectre (12)

Diss High School • Tickets: £5 / Under 18s £2.50

VINTAGE FAIR Saturday 16 April 10am-4pm

Glad Rags Fair • 6pm onwards 'Speakeasy' cocktail party

Designermakers21, IP22 4LB • Tickets: £10 (including welcome cocktail)

FAMILY Saturday 16 April 2pm

The Saturday Club • Steve Antony

Church Hall, St Mary's, Diss, IP22 4QQ • Tickets: £6 / £4 Child (Age 3-7)



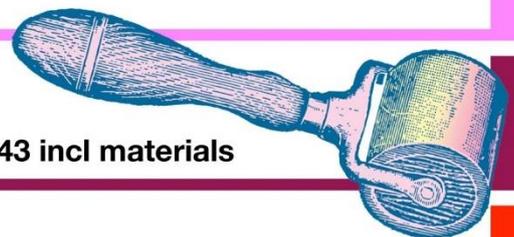
FILM Wednesday 20 April 7.30pm • The Lady in the Van (12A)

Diss High School • Tickets: £5 / Under 18s £2.50

WORKSHOP Wednesday 23 April 10am-4pm

Introduction to Linocut Printmaking

Upstairs Studio, Designermakers21, IP22 4LB • £43 incl materials



THEATRE Thursday 23 April 7.30pm

Stuff of Dreams Theatre Company • Forgotten

Hoxne Village Hall, IP21 5AN • Tickets: £10 / Concessions £9 / Students £6

FILM Wednesday 27 April 7.30pm • Taxi Tehran (12)

Diss High School • Tickets: £5 / Under 18s £2.50

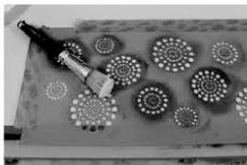
BOX OFFICE 01379 652241 Every day except Tuesday and Sunday 10am-4pm

Opposite the Corn Hall at DesignerMakers@21, 21 St Nicholas St, Diss IP22 4LB www.disscornhall.co.uk

Future Events

Friday 27th May. Wortham location TBC. Willow Weaving day from 10 am until 4 pm making a 'Berry Basket'.

The cost is £45 and will include a light lunch. For any further information or to book a place please 'phone Maureen on 01379 783236.



The Upcycle Revolution - Raising Money for F.O.W.C

We are asking you to get creative and breathe new life into a piece of old furniture, basket, photo frame or anything you can think of that someone would want in their home. It might be an old wooden chair you never use anymore or something you find at a car boot sale or local auction.

Once you have your chosen item (or item's) it's up to you how to decorate it and what technique you wish to use. Some examples are:

PAINTING, STENCILING, DISTRESSING, DECOUPAGE

All the upcycled pieces you donate will be put on display at the open gardens on June 11th-12th and then auctioned off at a later date with all proceeds going to Friends of Wortham Church

If you have any questions please contact Maureen 01379 783236
or Chrissy 01379 890220

**PLEASE ENSURE ALL ITEMS ARE RECEIVED BY MAUREEN OR CHRISSY
BY 08/06/2016 OR CONTACT THEM WITH ANY QUESTIONS**

Peter Driver, Follies and Oddities of Suffolk

Peter Driver gave a very entertaining presentation to the March meeting of the Heritage Circle at Rickinghall Village Hall. He explored a number of follies and oddities in Suffolk. He interspersed interesting images of places around the county with funny stories about Suffolk people. He began the talk with East Bergholt Church. It is very unusual as the tower was never finished. As there was nowhere to house the church bells, a 'temporary' barn was built for them. It is still in use. Nearby there is another oddity, the Tattlingstone Wonder. In 1790 Edward White, the local squire, did not like the view of two cottages from his house and so he added a third cottage with a square tower which gave them the appearance of a church. This is even stranger when viewed from the rear as the 'tower' is hollow!

Another series of oddities mentioned by Peter were linked to the famous Red Barn Murder in Polstead in 1827 when Maria Martin was shot dead by her lover. William Corder was convicted and a crowd of 10,000 was present when he was hanged at Bury St Edmunds. His body was then given to a surgeon for dissection and public display. Some of the skin was taken and it was to cover a book which is held by the Moyse Hall Museum. Corder's death mask has been placed in Norwich Castle. The story does not end there. The remains of Maria Martin were interred at Polstead Church. However, there was so much interest in the case that her grave had many visitors who often chipped away a piece of her tombstone as a memento. Over time the tombstone disappeared and so she was just commemorated by a wooden plaque.

Churches often have interesting features. There is a redundant church at Wattisham which has a plaque outlining the sad fate of a very poor family in 1792. It states that six members of one family lost their feet in unexplained circumstances. Research now suggests that the family had eaten bread made from rye gleaned from a field. It is likely that the rye was rotting and the fungus, ergot, had formed on it. This caused gangrene when eaten. A baby in the family died and other members lost limbs or fingers. The plight of the family aroused pity and money contributed gave them a small annuity to live on.



Walpole Old Chapel is very distinctive as it has been made from the conversion of a 16th Century farmhouse. It is a very early Independent Chapel where worship began in 1649. Like many other dissenting chapels, it has quite an isolated location. Peter also showed a picture of the path through Theberton churchyard. It is markedly below the level of the rest of the churchyard. This is probably because of the number of people who have been buried there over time.

There was a chance discovery made at Wenhaston Church in 1892. Some boards were taken out of the church during renovation work and left to the elements. After it rained, the boards were seen to have been painted. The Wenhaston Doom is a remarkable picture dating from around 1500. It was a rood screen which originally had a carving of Christ on the cross and around it there were a series of images warning of the Day of Judgement. It is likely that the screen was white washed during the Reformation. Peter briefly mentioned several other oddities, including Covehithe Church where a small church is built within the ruins of a former larger structure, Thomas Mills being buried in the front garden of his house in Framlingham, an almost unique post box in Bawdsey that bears the initials of Edward VIII, and the disfiguring of an angel's image on the carved corner post of the Guildhall in Eye. Sights like these are only seen when we look around us.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 27 April 2016 at The Village Hall, Rickinghall IP221HD. There is a change to the programme as Janette Robinson will be speaking about Flora Sandes, the only woman to fight in the trenches in World War I. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net.

Gerry Gurhy



Honorary Secretary:

Iain Smith

Old Post House, The Street, Rickingham, IP22 1DX

Tel: 01379 890748

Friends of Botesdale Health Centre

Charity Registration No. 285606

31 March 2016

RACE NIGHT 5th MARCH 2016

The Friends of Botesdale Health Centre appreciate all of the help and sponsorship from local companies and individuals who made the recent Race Night so successful. 100 people attended the event at Rickingham Village Hall, which included an excellent supper, and the total amount raised for The Health Centre was £1154.

This could become an annual event as so many people have asked if it will be held again. Once again, a big thank you to everybody who attended, the sponsors and all of the Friends committee for their hard work which was required to organise the evening.

The Friends of Botesdale Health Centre endeavours to support our local medical practice in a number of practical ways. The charity encourages people to take an interest in its facilities and to respond to its need for special equipment. Funds are raised to enable purchases that will maintain high standards and create, as somebody said, 'a hospital without beds.'

If you are not a member, and would like to join, contact Iain Smith on 01379 890748 or email fobhc@pobroadband.co.uk.

Iain Smith
Secretary



The Annual General Meeting will be held at The Botesdale Health Centre

MONDAY 9th May 2016 at 7.30 pm

Come along and meet people from all the sections that make up the Practice – doctors, nurses, office and pharmacy staff. There will be 'behind the scenes' tours of the Health Centre including x-ray, ultrasound and equipment provided by the Friends.

Dr Andrew Yager will be giving a talk about his Local Commissioning/Cancer care role which has developed since retiring from the Health Centre.

Everyone is welcome so do come along. We look forward to meeting you and sharing a glass of wine.

Plant and Craft Sale

Yaxley Village Hall

Saturday 30th April

11 a.m. to 3 p.m.



Art Exhibition

Local History Display

Plants from 50p

Craft items from £1

Proceeds to support Yaxley Messenger



Annuals • Perennials

Jewellery • Toys • Bags • Scarves

Bric a Brac • Books • Cake Stall

Raffle • Refreshments

Children's Activity Table and Lucky Dip

WORTHAM & BURGATE PARISH COUNCIL

PARISH COUNCILLOR VACANCIES

IF YOU ARE INTERESTED IN WHAT HAPPENS IN
THE PARISH OF WORTHAM AND YOU HAVE
SOME TIME TO SPARE.

WHY NOT JOIN THE PARISH COUNCIL AS A
PARISH COUNCILLOR?

If you are interested why not come along to the
next meeting on April 5th at 7.30pm.

FOR MORE INFORMATION, CONTACT:

PARISH CLERK – Netty Verkroost
Tel 07557 333 811

OR

Email wandbpc@gmail.com

WORTHAM VILLAGE HALL – CALL ME DUFF

Wortham Village Hall will be hosting another fun packed evening based on the old BBC panel game 'Call My Bluff', on Saturday 2nd April at 7.30 pm. The doors and bar will be open from 7.00pm. £20 per team of 4 people. To reserve a table please contact Mike Cornish at family.cornish@gmail.com or 01379 309538.

We need your support to help to maintain and repair the village hall.

Mike Cornish

VILLAGE HALL DATES FOR YOUR APRIL DIARY

Wortham Morning Yoga	Village Hall	Tuesday	12, 19, 26	10:00 – 11:30
Wortham Afternoon Yoga	Village Hall	Thursday	14, 21, 28	11:45 – 13:15
Ballroom Dancing	Village Hall	Monday	04, 11, 18, 25	19:00 – 20:30
Sewing Class	Village Hall	Monday	04, 18	09:30 – 14:30
Good Companions	Village Hall	Tuesday	12, 26	14:00 – 16:30
Tea's Made	Village Hall	Wednesday	06, 13, 20, 27	14:00 – 16:30
Pilates	Village Hall	Wednesday	06, 13, 20, 27	09:30 – 10:30
Pilates	Village Hall	Thursday	07, 14, 21, 28	18:00 – 19:00
Parish Council	Village Hall	Tuesday	05	19:30
Dance School	Village Hall	Thursday	06, 13, 20, 28	19:15 – 20:15
Private Function	Village Hall	Saturday	09	18:00 – 23:59
Call Me Duff	Village Hall	Saturday	02	19:00 – 22:30

WOBUL is published monthly as a service of the Wortham & Burgate Community Action Programme

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The Editor thanks all contributors for their timely submissions and states that the views stated herein are his or those of the article contributor and not of the W&B Community Action Programme.