

'HAPPY NEW YEAR'
from your Editor

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AED - AUTOMATIC EXTERNAL DEFIBRILLATOR – AWARENESS EVENING

On Tuesday 20th January at 7.00pm at Wortham Village Hall there will be a short meeting to explain and demonstrate the recently fitted AED Machine to the Village Hall external wall.

Donations by local residents in and around the village have enabled the Parish Council to purchase this machine and it is now installed and ready for use. People are encouraged to come to this meeting as anyone may need to use this machine at any time in support of someone suffering sudden cardiac arrest.

If you cannot get to the above meeting or for written information on the subject, WOBUL has placed an information document online.

Please click here for the AED GUIDE to 'AEDs by Resuscitation Council (UK) and British Heart Foundation'. *Editor*

<https://dl.dropboxusercontent.com/u/31430545/AED%20Guide.pdf>



TEA'S MADE!

Every Wednesday afternoon in Wortham Village Hall

You are invited to a weekly meeting with a difference. There will be no agenda, no objectives and nothing on sale. Just a weekly opportunity to have a chat with others in this village over tea and cake between 2 and 4 pm on Wednesday afternoons

There is no sponsor, no ulterior motive and no pressure to do anything other than sit down and chat with old friends or perhaps to meet new neighbours.

The recent Parish Survey revealed that there are more than 50 people living alone in our village and they may be particularly interested in a weekly outing to have a natter. The Parish Survey also showed that 'chat with neighbours' was the second most used source of information, so here's your chance to catch up on whatever interests you.

And the cost to you for this 'get together' over a cuppa and cake? Whatever you like! We will have to pay for the hire of the village hall and buy supplies for the refreshments, but contributions are voluntary. If you'd like to help cover the costs, we suggest 50p or £1.

Volunteers are needed to man the kitchen and perhaps make the occasional cake. We may also need volunteer drivers to pick up those without transport.

TEA'S MADE will start in Wortham Village Hall at 2pm on Wednesday 21 January. No application forms and no need to reserve. Please spread the word to your neighbours and then just show up.

For more information, to express interest or volunteer to be an occasional driver, contact Miriam Quinn on 01379 898 864.

Our thanks to our neighbours in Burgate for giving us the idea to emulate their weekly 'Kettle's On' sessions that have proved so popular.

VICTORIAN CHRISTMAS MARKET by Sheila Rush

What a wonderful fair on Friday December 5 outside Wortham Stores and Post Office! It was estimated that 500 people attended and the two tents heaved with stalls and visitors, undeterred by the cold weather.

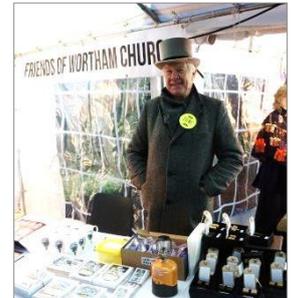
There were 21 stalls with a variety of crafts: decorations, wreaths, wood products, jewellery, baskets, food produce and much, much more. Stall holders were in Victorian costumes and the ladies excelled themselves this year.



The entertainment was provided by Jonny Ling and his fairground organ; Father Christmas was eagerly awaited by the many children and he duly arrived on his lighted sleigh which flew over the traffic jams in Long Stratton. Wortham Primary School sang carols assisted by teachers, Sue Coales, Santa and his Helper.

The Town Cryer was there to introduce the programme – Leslie Dumbell – helped by his wife Alison in her elf's costume. Discord, the Diss-based sing for fun group with a large compliment of local members, was there and entertained with topical songs and carols.

There was also plenty of good cheer, plus mulled wine, mince pies, hot sausages and barbeque. There were two Christmas hampers in the raffle and they were won by Jim Bidwell and Andy Simpson. The event was organised by the Friends of Wortham Church, and raised £1,795 which was divided between FOWC with £1,445 and £350 to East Anglian Children's Hospices and the East Anglian Air Ambulance.



Wortham Tea Shop's Surplus Produce stall during the autumn raised £650 and the Mulled Wine and Mince Pies made another £350 during the evening and this further sum of £1,000 was again shared between EACH and EAAA. Janice and Peter Lloyd thank everyone who contributed their varied produce again this season.

WOBUL also thanks the organisers and helpers who cut the green, prepared and manned the parking areas and footpath lighting, erected the marquees and lighting generators, the local stall holders who worked so hard producing their wares and selling tickets and the professional marketeers. It was a tremendous effort duly rewarded with a fine charitable total.





WORTHAM VICTORIAN CHRISTMAS MARKET, 5.12.2014



Photos by Mike Bowen

The Yanks are Coming!

Linda Scoles entertained the Heritage Circle at its Christmas Social at Rickinghall Village Hall with a series of very amusing stories about how she and her family settled in Britain. She is a popular speaker and did not disappoint her audience.

Linda's husband, Jim, was posted to Lakenheath in 1971 by the US Air Force. The whole family was excited by the prospect of living in Britain. They saw it as an adventure and an opportunity to travel in Europe. However, Linda was not quite as well prepared for the experience as she thought, despite reading all of the Catherine Cookson novels! The family had to adjust to a very different culture.



Within days of their arrival, Jim managed to find a house to rent in Great Barton. Their landlords ran the village Post Office and helped the family to become actively involved in village life and to become assimilated into the community. They were pleased to be invited to attend church on their first Sunday in Great Barton. Afterwards, Jim was taken along to the pub for a lunchtime drink. This was almost shocking for the newly arrived Americans but they came to see that it was almost a British institution at the time.

A little later Jim joined the bowls club. He was a very good sportsman, but very competitive. He adapted to this quaint, new game very rapidly and won the club championship in his first year. However, soon after this triumph, Jim returned home from a match against another club very angry. He threw his woods into a cupboard and never played again. He had been beaten by a woman!

Through her children, Linda was drawn in to support the school and joined the village hall committee. She spoke very affectionately about the community which had welcomed her and her family so warmly. She told a series of stories about village life. In one, Linda made friends with an elderly woman who babysat for her children. This woman loved watching wrestling on the television and so she decided to take her to a wrestling match in Bury St Edmunds. It was quite an experience as she was astonished by the outrageous, baying behaviour of the largely female audience and the antics of the wrestlers.

Linda has always enjoyed singing and so she was pleased to act as director of a Christmas concert at the church. It was a successful event up until the last performance when the vicar shocked the very conservative audience by singing a Christmas song in a strong Welsh voice to the music of the 'Red Flag.' Further stories about village life involved meeting 'characters', buying an unreliable car, and a disastrous amateur dramatics performance at Walsham le Willows on a very snowy night.

This was a very enjoyable evening where the Christmas Social was complemented by some very funny stories delivered without a script.

The next meeting of the Heritage Circle will be at 7.30pm on Wednesday 28 January at The Village Hall, Rickinghall IP221HD when Tony Diamond will give a talk about Oliver Cromwell. Further information about the Heritage Circle is available on its website, www.heritagecircle.onesuffolk.net.

Gerry Gurhy

Waste & Recycling Collection Calendar 2014/15

MID SUFFOLK DISTRICT COUNCIL




Working Together

Christmas 2014 & New Year Waste & Recycling Collection Schedule

IMPORTANT CHANGES

Due to the bank holidays during the Christmas and New Year period it has been necessary to amend the usual collection schedules. Please see below for your revised collection days.

Please ensure your bins are presented by 06.30am on the day of collection.

Usual Collection Day	Revised Collection Day
Monday 22 December 2014	No Change
Tuesday 23 December 2014	No Change
Wednesday 24 December 2014	No Change
Thursday 25 December 2014	Saturday 27 December 2014
Friday 26 December 2014	Monday 29 December 2014
Monday 29 December 2014	Tuesday 30 December 2014
Tuesday 30 December 2014	Wednesday 31 December 2014
Wednesday 31 December 2014	Friday 2 January 2015
Thursday 1 January 2015	Saturday 3 January 2015
Friday 2 January 2015	Monday 5 January 2015
Monday 5 January 2015	Tuesday 6 January 2015
Tuesday 6 January 2015	Wednesday 7 January 2015
Wednesday 7 January 2015	Thursday 8 January 2015
Thursday 8 January 2015	Friday 9 January 2015
Friday 9 January 2015	Saturday 10 January 2015

■ Recycling collection this week
 ■ Rubbish collection this week

All brown bin collections are suspended for two weeks over the Christmas and New Year period. Please check your brown bin calendar for details.

Mid Suffolk District Council Waste and Recycling Collection Calendar 2015



December 2014	January 2015	February 2015	March 2015
April 2015	May 2015	June 2015	July 2015
August 2015	September 2015	October 2015	November 2015

■ Recycling collected this week
 ■ Bank Holiday Week - everyone's collection will be a day later. For Christmas and New Year weeks, please refer to the Christmas Schedule.

■ Rubbish collected this week

Bins must be presented for collection by 06:30am

! IMPORTANT

This is the last year that you will automatically be sent a calendar. They will be available to download online at www.midsuffolk.gov.uk or sent to you on request.

Helpline: 0845 606 6045

For full size PDFs of these four documents, click the **WOBUL** email link.



Please make sure your bin lid is fully closed to ensure collection.



Help us to return your bin to the correct point by labelling it with your house number / name



During bad weather bin collections may be disrupted. Please leave your bin out and we will collect it as soon as we are able



Any missed collection must be reported within 48 hours which can be done via the web site www.midsuffolk.gov.uk



To check if there are any bin collection problems in your area visit the bin collection update page on our website.



Please note we do not collect any black sacks, unless they are contained within your rubbish bin.

All bins must be presented for collection by 6:30am




Recycling

 newspapers & magazines	 cardboard	 plastic bottles	 telephone directories	 food tins & drink cans	 mixed paper	 household plastic packaging
 metal pots, pans & trays*	 cartons	 books	 empty aerosols*	<p>* Aerosol cans must be empty. No paint, fertilisers or weed killer cans.</p> <p>* No glass lids, cutlery or knives to be included with pots and pans</p> <p>* Textiles should be in authorised textile bags and put in the top of your recycling bin. Textile bags can be obtained from any Library within Suffolk or by calling 0845 606 6045.</p>		

NEW ITEMS THAT YOU CAN NOW RECYCLE

Check www.midsuffolk.gov.uk for full details

Landfill

Please use this bin for anything that cannot be recycled such as:

- Food Waste
- Jiffy bags
- Polystyrene foam
- Crisp packets and sweet wrappers
- Wrapped broken glass
- Nappies, sanitary products & soiled textiles
- Carrier Bags and Cling film

NO hazardous waste, liquids, DIY waste, garden waste, electrical items or loose dust/ash

Garden Waste

All garden waste **except** for soil, stones, gravel, plastic trays, flower pots, large branches over 7cms, food, kitchen waste or peelings.

If you wish to subscribe to the garden waste collection service please visit www.midsuffolk.gov.uk

Recycling Sites

 mixed textiles & clothes	 mixed glass bottles & jars	 newspapers & magazines	 cartons
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Visit Recycle Now www.recyclenow.com to find your nearest recycling banks

BILL'S BIRDS FOR (DECEMBER AND) JANUARY

Have any of you heard a low guttural chatter coming from your garden shrubs? It comes from the Magpie which is lying low to pick up any weak bird, morsel of food, eggs or fledglings in season. They are not good news and are partly responsible for the diminishing number of our garden birds. Domestic cats also bear responsibility along with changes in farming practices which have resulted in weedless fields, and the loss of hedgerows and woodlands in the countryside.

The Buzzard, is, thankfully, returning to this area, but man is still trying to slaughter it. You will remember the fatality I wrote about last year when one was shot illegally near Burgate Wood. So it does not only happen in Norfolk!

Recently there have been recordings of the Little Auk on our Suffolk coast. This little seabird is the size of a Starling and breeds on the tundra within the Arctic Circle. Strong north-easterly winds have caused it to visit our coasts. Sometimes they over-fly and are seen inland. I once saw one on Redgrave Lake. It had been spotted by David Orr (the same person who put me right with his 1971 Redgrave Fen Bittern). It looked like a toy duck bobbing up and down in a bath of water.

Apparently in the autumn of 1993 a local farmer found what turned out to be a Little Auk in one of his fields. It was refreshed in his kitchen for a few days and then taken back to the sea at Dunwich, where it appeared to be none the worse for its recent landfall experience. The Little Auk is the relative of the now extinct Great Auk, a tall flightless bird, five times as big as the Guillemot and with eggs five inches long



I paid a visit recently to Woodbridge hoping for waders on the mud flats, but it was nearly high tide. However, I did see a Black Tailed Godwit and hear the lovely lonely cry of the Curlew. I once heard a Curlew calling at night in winter above the centre of Cambridge. It took me immediately in mind to the wild marshes of the east coast.

Another visit to Micklemere revealed two Barnacle Geese amongst the big flocks of Greylag and Canada Geese. It is slightly similar to the Canada but smaller with more white on its head and the black on its chest extends deeper. There are black bands on its back. It breeds in the coastal tundra of the high Arctic.



At Lackford Lakes I at last saw a Kingfisher. Flying low over the water it looks a dark dumpy bird, the size of a large Sparrow. Birdwatchers often miss it, spending more time looking through binoculars as the bird flies below their limited field of vision. A rare treat: I saw the Kingfisher again in bright sunlight perched on a nicely placed branch near the Visitor's Centre. I have never had such a perfect view of the Kingfisher. The blue band down its back was brilliant.

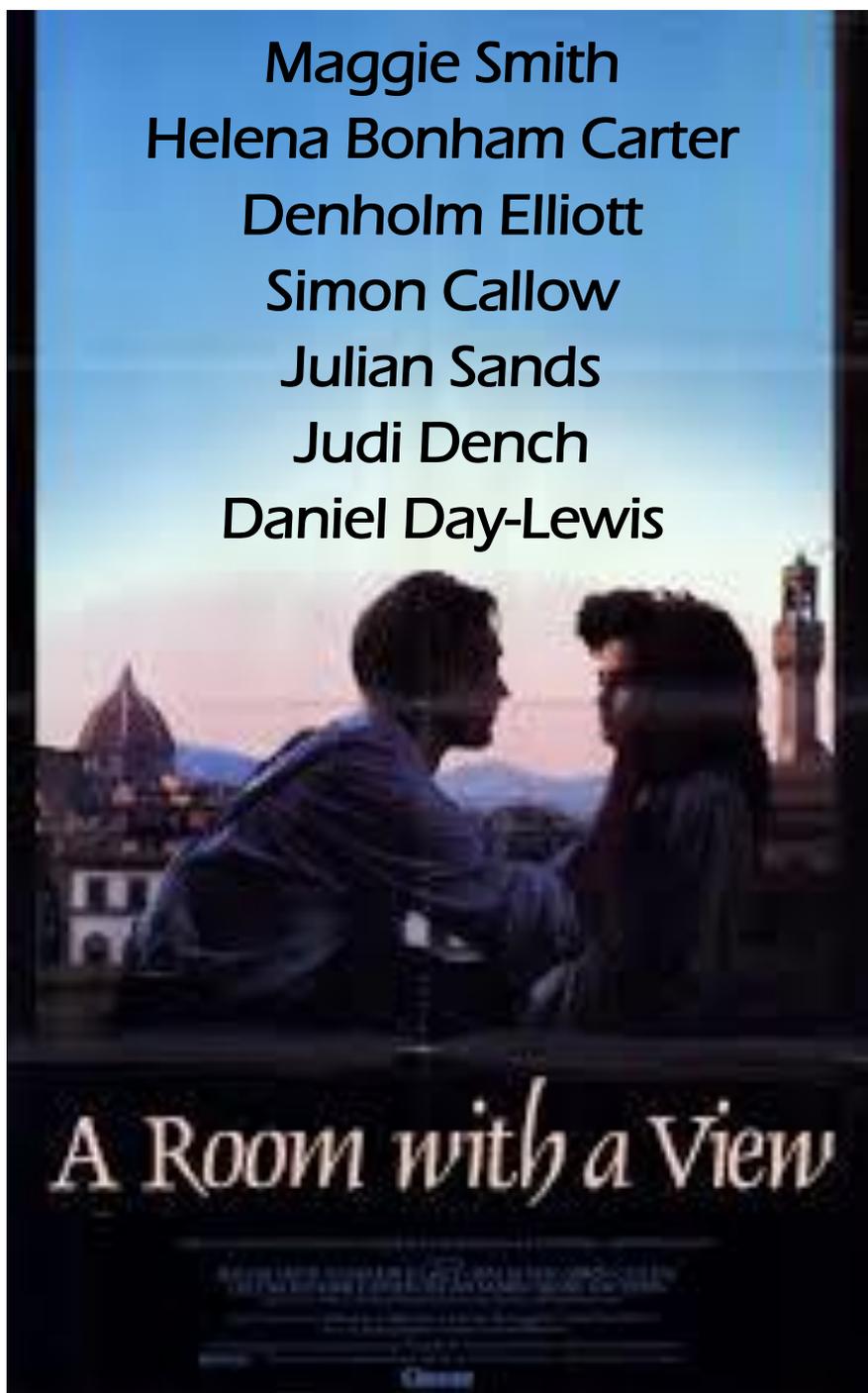
Many of you enquire about the Whooper and Bewick Swans on the Ouse Wetlands. Some Whoopers have arrived already, but only the occasional Bewicks. They have been held up by the mild autumn and the good food supplies on the continent. The best place and time to see both birds is at Welney Wetlands Centre in January.

Happy New Year. Watch out for Fieldfares and Redwings, and if (a 'big if') we are lucky, Waxwings as plentiful as last year.

PALGRAVE COMMUNITY CENTRE CINEMA

Big Screen, Projection, Sound and Hearing Loop Systems

Saturday 10 January, 7:30pm



Coming later in
this new year of
2015

(In no particular
order)

THE JUDGE

**WHAT WE DID
ON HOLIDAY**

**MAGIC IN THE
MOONLIGHT**

**THE HUNDRED
FOOT JOURNEY**

MY OLD LADY

MR TURNER

Full support programme; Licenced Bar, soft drinks and
Ice Creams are available during the intermission.

£5 Tickets available at Wortham Post Office & Store

or reserve from robert.moore321@btinternet.com and pay on the door

The RAHOF Annual Meeting

Monday 26th January 2015 7.00 for 7.30 p.m.

Activities Centre, Redgrave

Speaker from the Hospice

Tasty Refreshments & Coffee



For over 25 years RAHOF has been fundraising and friend-raising for St Nicholas Hospice Care in Bury St Edmunds, the local hospice for this catchment area.

We are currently looking for more volunteers to help our friendly team with their annual programme of occasional events. Although Rickinghall is indicated in our logo, we have always attracted good support from the surrounding area including Wortham and Burgate, and we would like to re-ignite this.

You might perhaps consider sparing a few hours a month by helping us in any one of a number of ways: selling tickets, baking, serving teas and coffee - even washing up - for a very worthwhile cause, especially if you have been affected by a life-threatening illness, or know someone who has.

Whether or not you feel you can help, why not come along anyway to our annual meeting, which is open to the public, to meet our present team, hear about the inspirational work of our Hospice - to meet friends as well as our area hospice representative, and generally enjoy a convivial evening.

The RAHOF Committee will be delighted to welcome you.

Friends of Wortham Church

Stars, Celebrities and Special Occasions on Saturday 7th February 7.00 for 7.15pm. at Wortham Village Hall. Come along for a great three course dinner, including coffee, mints and pre dinner drinks and enjoy the entertaining speaker Deborah Preston who was head housekeeper at many of the big London Hotels. She has many amazing and hilarious snippets of what went on behind the doors of such luxury establishments. Dinner jackets and tiara's optional! Tickets are £25 and available from the Post Office early in the New Year.

Victorian Market. An immensely successful event with thirty stalls and many families enjoying the evening. The weather was good and people stayed to enjoy the music and entertainment and of course the visit from Father Christmas. There were many interesting craft stalls and food and drink for all to enjoy. The Friends made almost £1500 for Wortham Church and the Post Office Stores with their sale of mulled wine and mince pies for EACH and Air Ambulance bought the final total to £2000. A truly excellent evening.

Garden (and travel) notes by Linda Simpson

We were away in November and by the time we came back on 1st December the garden had changed from being an autumn garden to being a winter one. There had been a hard enough frost to blacken the dahlias and other less hardy plants and wind and rain had obviously taken its toll. Now after Christmas I need to get back out there and start to cut back and prune when the weather permits.



While I was away though my garden was still very much in mind. We had been on a fabulous three week wildlife trip to Nepal which included trekking in the Annapurna Conservation area, an exciting rafting experience, as well as a week in lowland conservation areas.

While we were trekking we climbed from 1000m to just over 3000m going up and down steep hill and mountain sides. Walking through both cultivated and forested areas we saw many plants of interest – some familiar and some not. Of course many of our garden plants come from this area since they are capable of growing in the conditions we have.

The first really striking sight plant-wise (the birdlife was just amazing but that is another story) was hillsides covered with flowering cherry. This was *Prunus subhirtellii autumnalis* which in our gardens flowers on bare stems in the winter and spring.



I have often wondered about the 'autumnalis' part of its name but that, I now realise, is because in Nepal where it is a native it flowers in the autumn. We saw lots of lovely examples at lower levels by the terraced fields and going up the hillsides but once we got beyond 2000m they did not grow.

As we got higher and were walking through tracks made from steep stone steps the vegetation at eye height became more varied. There were lots of lovely grasses and I was delighted to see growing wild *Miscanthus nepalense*, which I grow and love for its beautiful golden flower plumes.

To name just a few there were primulas, gentians, wild clematis (there is a *Clematis nepalense* and I think that was probably what we saw) daphne, orchids and of course not forgetting the rhododendron cloud forests. The rhododendron trees were magnificent – 60 foot high and covering the mountainside. They must look absolutely spectacular in the spring when they are in flower – we were told the colours are mixed mainly purple, pinks and whites.

There were also of course many plants I could not identify. Some looked a bit familiar others completely unknown. There was one lovely shrub that looked at a quick glance like a hydrangea but was not. It had balls of pink flowers and the most wonderful scent. I am hoping to be able to identify it and try to grow it.



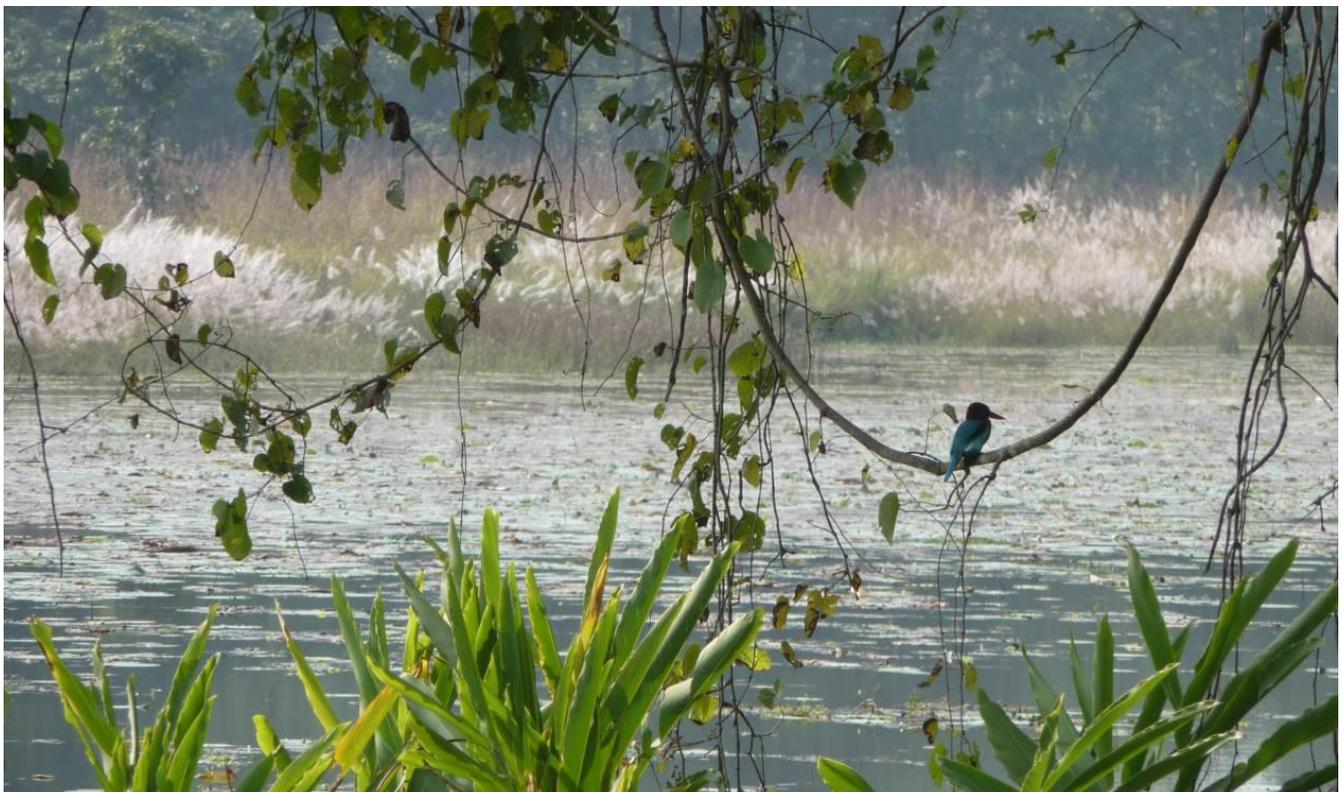
There was also a strikingly architectural fern that we saw only at around 2000m of altitude. We came across this eye catching plant in just a couple of places on the edge of cloud forest where it was also seemed to be by streams so I assume it likes moist conditions.

After our nine-day trek we spent two days rafting down a river, including some rapids, to get to the more lowland areas we were visiting – it was really exciting and we managed not to fall overboard!

We then had more leisurely modes of transport including elephant and jeep safaris. We were still able to look at the plants when we were not looking at rhino, deer wild buffalo, jungle cat etc. We also did a bit on foot and on rivers (another exciting sighting was the rare gangetic river dolphin).



The grasses at lowland level were very different but equally beautiful. One in particular which seemed to grow only by water was a 6ft high grass called saccharum which had lovely silver plumes that looked stunning particularly at sunset. There were many tall growing grasses and if I were not already convinced of the beauty of grasses before, I would have been after this trip. Seeing large areas of different varieties with the sun shining behind them is a great demonstration of how grasses should be seen.



Fortunately one of my Christmas presents was a book on designing with grasses. I hope that with the help of this book and the information it gives about the conditions different grasses need, I can try to show off the grasses I grow to their best effect. (I don't suppose that I will be able to pose a kingfisher in front of them when we have visitors though!)

WORTHAM GOOD COMPANIONS

The Good Companions held their Christmas lunch at the Park Hotel, Diss on Tuesday 9 December where 45 members and guests sat down to an excellent meal. Chairman Betty Garnham welcomed everybody and was pleased that the two Vice Presidents could attend: Sue Bawden accompanied by Dr Rob Bawden and Vivian Bloomfield with her husband David. Non-members were also thanked for their support on outings during the summer. Club member Betty Locke thanked the committee members for all of their hard work.

WORTHAM PRIMARY SCHOOL

The school had a very busy last week of term. There were two performances of the Nativity Play; all of the school went to Ipswich to see the pantomime, Beauty and the Beast. They also had their Christmas lunch and said their farewells to Head Teacher Julia Humphrey who has left to head Old Buckenham Primary School, and she was presented with many gifts and cards from children, teachers, parents and school governors.

CAROL SERVICE

A large congregation was present at the carol service at St Mary of Pity Burgate Church on Sunday 21 December, conducted by the Rev. George Hilliard and the organist was Adrian Kitchen. There were nine lessons and carols and the readers were: Kevin Gunn, Christine Hilliard, David Williamson, Gina Cole, David Olliffe, Jenny Labdon, William Bloye, Margaret Williamson and Nick Robertson. The church had been beautifully decorated with a lovely crib and Christmas tree. Rev Hilliard thanked everyone for attending, those who decorated the church and wished the congregation a Happy Christmas. After the service, mulled wine and mince pies were served.

VICTORIAN CHRISTMAS MARKET

Sheila's report on the Christmas Market can be read elsewhere in this edition of WOBUL.



THANKS FROM THE EDITOR

Here comes Santa

The editor thanks Sheila for her excellent work in reporting the important local happenings in Wortham and Burgate each month, and looks forward to her ongoing support in 2015.

Melanie Chew appointed as CAS Chief Executive

Melanie joins CAS from EACH, East Anglia's Children's Hospices, where she has been Director of Fundraising and Retail; prior to that she held positions at The Princes Trust, SENSE and the NSPCC.

Melanie brings with her a strong background in senior leadership, extensive experience of partnership working and specialist knowledge of income generation, marketing, communications and events. She will join CAS on Monday 2nd March 2015.



Community Action Suffolk Annual Review 2013/14 published

As many of you will know, CAS was formed on the 1st April 2013 through the merger of ten organisations. During the first year we have worked hard to create a strong and joined up presence across Suffolk, providing support services to voluntary and community organisations.

We were privileged to be joined by Sir Stuart Etherington, Chief Executive of NCVO, in October 2013 and this marked the official launch of CAS. The first year has been one of opportunities and challenges, during which we have concentrated on delivering to the merger working principles - to listen to local need, to respond appropriately and effectively and to work towards providing enhanced access to support services across the county, in terms of geographical access and the quality of services.

(WOBUL Ed) For a copy of this review, click this link:

<https://dl.dropboxusercontent.com/u/31430545/CAS%20Annual%20Review%202013-4.pdf>

CAS is recruiting

We are currently recruiting for a number of exciting opportunities at Community Action Suffolk:

- Community Field Officer (Closing date: 5th January 2015)
- Volunteering Field Officer (Closing date: 5th January 2015)
- Finance & Resources Director (Closing date: 7th January 2015)
- Young People's Health Ambassador (Closing date: 8th January 2015)
- Trainer – Children & Young People and safeguarding (Closing date: 12th January 2015)

Go to: <http://www.communityactionsuffolk.org.uk/vacancies/>

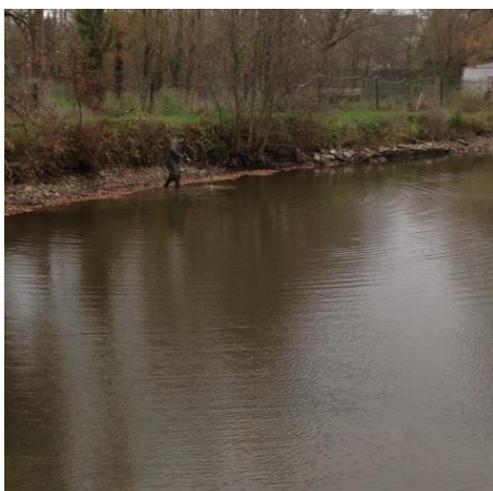
When we first set out on this project just over a year ago, our main aim was to be finished and opened by 1st November. Well we did it! The village Mayor officially cut the ribbon at 4.30pm on a beautiful sunny Saturday afternoon. Over 70 people attended the official event including Charlotte and Deaglan, Charles's Mother, our very good friends Dave and Angela Hall, the village Council and all our French friends. The party continued well in to the evening with the last one leaving at about 12.30am! We know there were some very sore heads the following morning.



Charles spent the whole of August painting. It was quite testing at times as the plumber was testing the underfloor heating, so it was 28 degrees inside the house and 30+ degrees outside!! All the Artisans had packed up work for their month of '*vacances annuelles*'. Basically France seems to shut down for the month of August so people can go on holiday. Lots of Restaurants, bars, small shops and public offices close which seems daft to us as August is the busiest month for tourists. We haven't worked out yet how many litres of paint we went through but each room had at least 1 x water coat, 2 x undercoat and 2 x colour!

We managed to buy all our undercoat from Spain at a very reasonable price and what brilliant paint it was. All our colour coats were Little Greene colours which were supplied by Swank Interiors in Bressingham, who also supplied all the wallpaper and the curtains. Again what brilliant paint, so easy to work with and the tins went so far! Of course we hadn't ordered enough at the beginning, so all our friends and visitors brought extra over when they stayed with us.

September went so quickly. We had lots of family and friends to stay and a visit from Charlotte to check on the interior. All the Artisans had been told right from the beginning when we signed their contracts, 30th September was D-day, everything had to be finished and they had to be out. It didn't quite work out that way; some went in to the 2nd week in October. But if you change things as you go along, you expect to be delays especially with factories closing for August. The kitchen was fitted over several days finishing with a huge piece of granite being laid on the central island. It weighed over 500kg measuring 2m x 2.5m, it took 10 people to move it and place it on the island. It was the largest piece of granite the kitchen maker had placed. He slept well that night after many sleepless ones!



October was bedlam! We had set the date for 1st November and officially asked the Mayor to cut the ribbon so there was no going back. Furniture out of the storage barn could start to be moved after 8 months in there. We were fortunate to have our friends Dave and Angela Hall and Jackie and Steve from the rugby club out for a week so they helped us move boxes in between casting a rod in the lakes and drinking wine. Dave stayed on to help Charles do all the finishing jobs that Charles couldn't do or didn't have time to do. It was full on from 8 in the morning until 7 at night, most nights. Dave did a fantastic job everywhere. He built a bar, transformed the staircase, put a huge piece of oak above the fireplace, and built my shelves in the pantry/cave, just to name a few of the jobs.

Charles had to do a quick trip over to the UK to collect more furniture and collect the curtains so he brought Charlotte over for the final push. It was 8 days of tension, discussions, laughing, crying and drinking as it all came together. We were joined on the Thursday night before the opening by Charles's mother, Brenda, Charlotte's boyfriend Deaglan and Angela. They helped us clean, get the bedrooms finished, made the beds oh what a long day it was! And to top it all, the accountants needed a paper signed and returned to them that day, I got a speeding ticket, my first ever in my life! I was not happy!

The end result – a beautiful restored Manoir with 4 beautiful en-suite bedrooms. We are so pleased with it and everyone just goes 'wow' when they see the transformation. Credit must go firstly to Charles for having all the energy, knowledge, language skills to see the project through and secondly to Charlotte for having the vision, the artistic knowledge and patience with aging parents to keep us going.

We found out before Christmas, that we had been accepted to go in 'Alastair Sawday's Special Places to Stay in France' – this was our main aim to get in this guide. We are thrilled! We are just waiting now for a visit from Gites de France.



We hope that we will get to see some of you from Wortham and Burgate in the next year. We would love to see you if France is your holiday destination. Please visit our website to view the Manoir - www.lemanoirdelavieilledouve.com.

We wish you all a very Happy New Year.

Chris and Charles Appleton





Health watchdog seeks volunteers to enter and view health and social care services in Suffolk

Healthwatch Suffolk is local voices influencing and improving health and social care services (e.g. hospitals and care homes) in the county. It has powers to challenge services now and improve services for the future. One of those powers is the right to enter and view services in the county.

It means that it has the right to enter and view (announced or unannounced) any premises where publically funded care is provided to people in Suffolk with the exception of services where care is provided to people under the age of 18. Generally this applies to residential homes, nursing homes, GP practices and hospital wards.

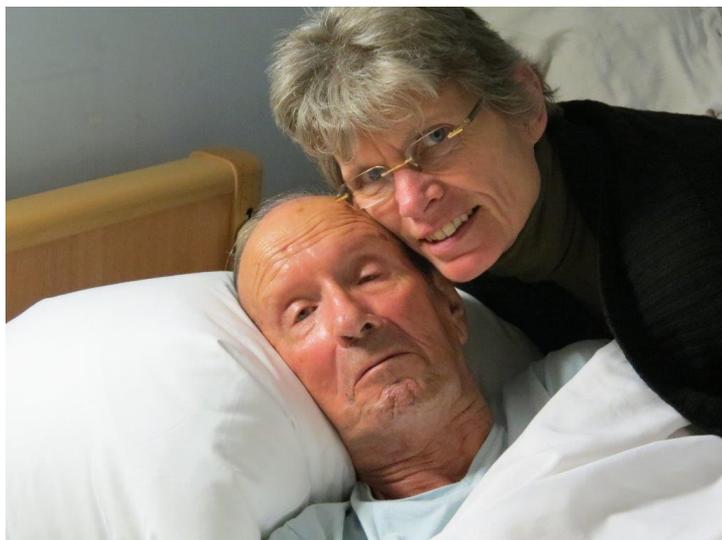
Healthwatch Suffolk is now seeking to build its team of local volunteers which will visit services on its behalf to observe and assess the service being provided, collect the views of people using the services and make recommendations to those who run and pay for the services.

If you have good judgment and a passion for health and care, this could be your chance to help make a difference to the delivery of care in Suffolk. Service providers must have regard to the views, reports and recommendations of Healthwatch Suffolk. They must respond explaining what action they will take, or why they are not taking action.

More information and details of how to apply are available on the Healthwatch Suffolk website (www.healthwatchesuffolk.co.uk). Alternatively please call Amanda Stevens on 01449 703949 who will be able to talk to you about what it means to be an authorised representative for Healthwatch Suffolk and provide more information about how to apply.

**Healthwatch Suffolk, 12&13 Norfolk House,
Williamsport Way, Needham Market, Suffolk, IP6 8RW**

Telephone: 01449 703949 Email: info@healthwatchesuffolk.co.uk



Peter had Vascular Dementia. Unable to care for his needs at home and unaware of Live-in Care, his wife Joan made a difficult decision and he was taken into a residential care home. This is Joan’s Story.

“After a year of Peter being in a residential care home, to say I was not happy was an understatement. I went to the home every day to help Peter wash and also to help Peter eat his meals.

During this time, I was asked by the Dementia Society to attend a conference. Here I met a Hospital Administrator and asked him why figures and targets are more important than the people that are receiving care. He could not answer and walked away. I felt so frustrated.

I then met the Admiral Nurses and they told me about Live-in Care and recommended Helping Hands. Within two days they came to see me. I saw other care agencies, however Helping Hands stood head and shoulders above the rest. What attracted me was Helping Hands’ fast reaction, the length of time they spent talking to us and understanding Peter’s needs and the service we received during the whole time.

We were given four profiles of Carers from the Dementia Team that were chosen based on Peter’s need for high level Dementia care and his personality traits. Peter was a man’s man so it made sense for us to choose a male carer. We chose Steven and he helped prepare the house for Peter’s arrival.

Peter arrived home. In the residential home he would be constantly shouting out but from the moment he arrived home he never shouted out again.

Steven and Peter got on really well. He was an excellent carer and the whole family got on well with him. In the last stages of Peter’s life, Steven dealt with lots of people, both medical professionals and friends. He offered any help he could to us as a family... and if death can be wonderful then, thanks to Helping Hands, Peter’s was.” Joan Jervis

Helping Hands is an award winning home care company which has recently celebrated its 25th anniversary. If you or a loved one are looking for an alternative to residential care or extra support at home, then please call our customer advice team on: 01379 353754





Date & Time	Description
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Wed 7th January 20:00	Cinema
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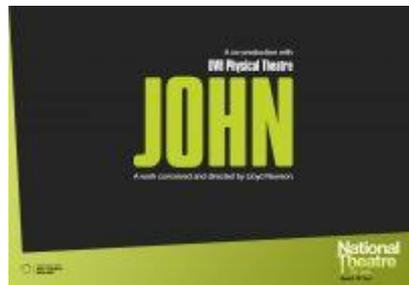


Two Days, One Night (15)

by Jean-Pierre and Luc Dardenne, Belgium/France, 2014, 95 mins, Subtitled With Marion Cotillard, Fabrizio Rongione, Pili Groyne.

The latest powerful drama from the Dardennes brothers (their *Kid with a Bike* was a Corn Hall hit) was again a Cannes contender. Marion Cotillard is a factory worker who has one weekend to persuade her colleagues to sacrifice their bonuses and save her job. Her visits to them are moving and difficult, and the palm-sweating tension mounts. Cotillard bravely sacrifices glamour in pursuit of social realism: there are many victims on the shop floor; the unseen villains are in their offices.

Thurs 8th January 20:00	Screen Arts
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National Theatre LIVE (encore screening) presents:
JOHN

A work conceived and directed by Lloyd Newson

Internationally renowned DV8 Physical Theatre bring their powerful new production to the National Theatre. DV8 have produced 18 highly acclaimed dance-theatre works and films for television, which have garnered over 50 national and international awards.

Based on real-life stories and combining movement and spoken word, don't miss this intense and moving theatrical experience. Suitable for ages 16yrs +

Wed 14th January 20:00	Cinema
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Dawn of the Planet of the Apes (12A)

Directed by Matt Reeves, USA, 2014, 130 mins
With Gary Oldman, Keri Russell, Andy Serkis

Arguably the first of seven sequels to actually improve on the 1968 original. Andy Serkis is Caesar, the ape who leads resistance to Gary Oldman's team of humans attempting to build a dam in ape territory. Performance capture technology again magics up apes talking with humanoid expressions. No trivial gimmick this: it helps the film to deal seriously with real issues, as well as ramping up the tension. And yes, there are sensational battles.

Wed 21st January 20:00	Cinema
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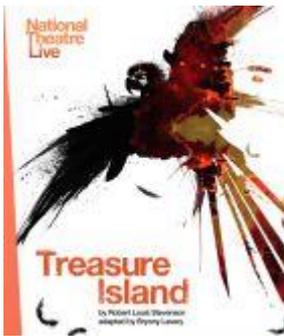
Finding Vivian Maier (12A)

Directed by John Maloof, Charlie Siskel, USA, 2013, 83 mins
With Vivian Maier, John Maloof, Daniel Arnaud

Now considered one of the 20th century's greatest street photographers, Vivian Maier was a nanny, mainly in Chicago, who secretly took over 100,000 photographs from about 1950 to 1980. They went unseen during her lifetime. Since buying her work by chance at auction, John Maloof has built a fascinating picture of her through never-before-seen photographs, films, and interviews with many who thought they knew her.

Narratively gripping, visually striking, and ultimately thought-provoking.

National Theatre LIVE presents:
Treasure Island



Robert Louis Stevenson’s story of murder, money and mutiny is brought to life in a thrilling new stage adaptation by Bryony Lavery, broadcast live from the National Theatre.

It’s a dark, stormy night. The stars are out. Jim, the inn-keeper’s granddaughter, opens the door to a terrifying stranger. At the old sailor’s feet sits a huge sea-chest, full of secrets. Jim invites him in – and her dangerous voyage begins.

(Suitable for 10+yrs)

This show will also have an encore screening on Saturday 21 February at 2pm

Sat 24th January 20:00

Music & Dance

Paul Jones & Dave Kelly



Founder members of The Blues Band, Paul Jones and Dave Kelly’s roots go way back into the true undergrowth of the tradition.

As well as playing their own original material, they not only perform the work of the greats, ranging from Howling’ Wolf, John Lee Hooker through to Sonny Boy Williamson - they actually played alongside them, and enjoyed their friendship.

A live acoustic set by these spellbinding performers is an occasion you’ll remember. If you’re a true Blues fan, everything you need is here.

Wed 28th January 20:00

Cinema

Pride (15)



Directed by Matthew Warchus UK, 2014, 120 mins

With Bill Nighy, Imelda Staunton, Dominic West, Paddy Considine

Winner of the Queer Palm award at Cannes, this uplifting comedy drama is based on real events. In 1984 lesbian and gay activists raised money to help striking miners’ families – despite reluctance from unions and some in the gay community.

A terrific cast gives warm, funny and intelligent performances in a film which dives headlong into a very divisive world and a time when values tended to be seen in black and white.

Fri 30th January 20:00

Comedy

Corn Hall Comedy Club



John Moloney

A comedian for over 20 years – and headline act at all the major comedy clubs around the world, including the London Comedy Store – John has twice won ‘Best Live Performer’ at The London Comedy Festival and was nominated as ‘Best Live Stand-Up’ at The British Comedy Awards.

‘A wondrous array of classy gags.’
The Herald

Christian Reilly

Part of the Perrier Award-winning show Otis Lee Crenshaw and the Black Liars, with Rich Hall, Christian is now playing major comedy venues as a solo stand up, using his dynamic guitar and vocals to target histrionic rock bands, musical theatre and morose indie musicians.

Nicky Wilkinson – Compère

An exceptional comic improviser, Nicola is a fast-rising talent in the world of stand-up.

**CONTACT CORN HALL BOX OFFICE ON
01379 652241 or boxoffice@disscornhall.co.uk
FOR TICKET PRICES AND AVAILABILITY**

DATES FOR YOUR JANUARY DIARY

Wortham Morning Yoga	Village Hall	Tuesday	06, 13, 20, 27	10:00 – 11:30
Wortham Lunchtime Yoga	Village Hall	Thursday	08, 15, 22, 29	11:45 – 13:15
Gentle Evening Yoga	Primary School	Thursday	08, 15, 22, 29	19:00 – 20:30
Ballroom Dancing	Village Hall	Monday	12, 19, 26	19:00 – 20:30
Sewing Class	Village Hall	Monday	12, 26	09:30 – 14:30
Parish Council	Village Hall	Tuesday	13	19:30 – 21:30
Defibrillator Training	Village Hall	Tuesday	20	18:00 – 20:00
Tea's Made	Village Hall	Wednesday	21, 28	14:00 – 16:00
Quilts & Saucers	Old Stores, Long Green	Monday	05, 12, 19, 26	15:00 – 17:00
The Kettle's On	Village Hall, Burgate	Tuesday	06, 13, 20, 27	10:00 – 12:00
What's On this month at	Diss Corn Hall	See this WOBUL edition, pages 18 & 19		
Various art classes, events & expos	The Bank, Eye	All days each week	Various times	



My overriding
memory of 2014

BEST WISHES FOR 2015
FROM THE EDITOR OF
WOBUL TO ALL READERS

WOBUL is published monthly as a service of the Wortham & Burgate Community Action Programme

Members of the CAP: Terry Quinn (Chairman), Paul Bradley (Deputy Chairman), Michael & Paddy Richards, Sheila Rudland, Cath Aspinall, Paul & Alexis Burd, John Payton, Victoria Tustian and Chris Williams (Treasurer).

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The Editor thanks all contributors for their timely submissions and states that the views stated herein are his or those of the article contributor and not of the W&B Community Action Programme.